

WELCOME TO THE NEW BRADLEY ESTATES...

... WHERE TWO-STOREY AND BUNGALOW SINGLE FAMILY HOMES MEET SOPHISTICATED EXECUTIVE TOWNHOMES FOR THE FIRST TIME IN BRADLEY ESTATES!

VISIT OUR NEW SALES CENTRE AT 401 KEITH CRESCENT
613-830-6955

Valecraft
Homes Ltd.

WWW.VALECRAFT.COM

Prices, terms and specifications are subject to change without notice. E & O.E.

**FAST,
FRIENDLY
JUNK
REMOVAL**

613.825.0707

CapitalJunk.ca
Ottawa's Junk Solution

The world's largest global newspaper

metro

OTTAWA • WEEKEND, FEBRUARY 19-21, 2010

metronews.ca

Sleep Apnea?

**We
can
help!**

SEE
HOW ON
PAGE 19

Sleep Therapy
Management

Canada's last WWI veteran dies

OBIT Canada's last known First World War veteran has died, the Prime Minister's Office said in a statement. John Babcock was 109.

"As a nation, we honour his service and mourn his passing," Prime Minister Stephen Harper said in a statement.

Babcock was the last link to the 650,000 Canadian men and women who served in the First World War, Harper noted.

Babcock joined the military at the age of 16, but because of his age wasn't allowed on the front lines.

He spent his final years living in Spokane, Washington.

THE CANADIAN PRESS

News on the Move

**What's this
barcode for?**

Learn how to scan the barcode with the instructions at the top of pg 2



Vancouver Games

Follow Metro as we bring you daily coverage throughout the 2010 Winter Olympics in Vancouver.

• Today — Snowboarders rock 'n' roll on the halfpipe, page 19



Canadian speedskater Christine Nesbitt races along in the women's 1,000-metre long-track speedskating event Thursday at the Vancouver 2010 Olympic Winter Games. Nesbitt won Canada's third gold medal of the Games. **More coverage, pages 19 & 20**

The girl is golden

Christine Nesbitt skates to the top of the Olympic podium

First, Christine Nesbitt couldn't believe she had won. Then Canada couldn't believe they almost didn't.

Joy nearly turned to pain Thursday as Nesbitt's long-track speedskating gold in the women's 1,000 metres was abruptly upstaged by a nerve-racking Canadian men's hockey game that was way closer than it

should have been.

Sidney Crosby scored in a shootout to finally dispatch the same stubborn Swiss team that beat Team Canada 2-0 in the 2006 Turin Games, an early loss that many nonetheless blamed for the

team's dismal seventh-place showing.

It very nearly tarnished the gleam of Nesbitt's gold, which she claimed by not quite the narrowest of margins — two one-hundredths of a second — in

what she later described as a less-than-stellar performance.

Kristina Groves, who has already claimed bronze in the 3,000 metres, finished fourth — missing out on another medal by six one-hundredths of a second. Shannon Rempel, 25, and Brittany Schussler, 24, both of Winnipeg, finished 21st and 25th. **THE CANADIAN PRESS**

**VANCOUVER
GAMES WEEKEND
UPDATES!**

Get yours at:
metronews.ca



Last chance for winter fair fun

TRACEY TONG
tracy.tong@metronews.ca

Ottawa

Winterlude '10

FESTIVAL After two successful weekends in which thousands of people flocked to three sites in downtown Ottawa and Gatineau, Winterlude is wrapping up this Sunday.

There are still several days to view the ice sculptures at Confederation Park and slide down the snow slides and wander through the labyrinth at Jacques-Cartier Park, but for those who like programming, there's lots planned.

The public can take an inside look at how ice sculptures are made with demos Saturday and Sunday and try their hand at carving with help from the Canadian Ice Carvers' Society on Saturday.

At Jacques-Cartier Park, ice fishing, winter games and the Ski and Snowboard Trampoline Show are held on both days, with a screening of *La Guerre des tuques* at 6:30 p.m. on Saturday.

On Sunday, there will be speed skating demonstrations on an Olympic-size skating oval at Dow's Lake and a Farewell to the Ice Hogs event at Jacques-Cartier Park at 3:30 p.m.

Buying, selling or renting your own home is easier than ever before!

Your house. Your terms.
No commission.

visit **grapevine.ca**

GRAPE VINE
HOME MARKETING CONSULTANTS



1 DOWNLOAD THE FREE SCANLIFE APPLICATION WITH YOUR SMARTPHONE AT 2DSCAN.COM

2 USE THE SCANLIFE APPLICATION ON YOUR SMARTPHONE TO SCAN 2D BARCODES IN METRO

3 THE CODES WILL DIRECT YOUR MOBILE BROWSER TO RELEVANT CONTENT AT M.METRONEWS.CA

Local



fantastic CITY

Become a Facebook fan for a chance to win airfare to any Metro city in Canada.

Look what city is leading now...

HALIFAX
FANS
416

OTTAWA
FANS
249

TORONTO
FANS
544

CALGARY
FANS
280

EDMONTON
FANS
131

VANCOUVER
FANS
272

*Total number of fans as of 4:30 PM yesterday. Numbers shown are based on specified criteria. Become a FAN at www.facebook.com/metroottawa

m.metronews.ca



Scan this barcode for more Local news on your smartphone. Learn how to scan the barcode with the instructions at the top of this page.

Suspect sought in sex assault, theft

INCIDENT Ottawa police are investigating following an incident Monday night.

A 21-year-old woman was about to enter her vehicle in a parking lot in the 400 block of Wilbrod Street when she was attacked and sexually assaulted. Police said the male also stole money from her and fled in an unknown direction.

Police are now seeking an English-speaking black male.

TRACEY TONG/METRO OTTAWA

News in brief

ELECTION The mayor's race is back down to nine candidates. Robert Gauthier withdrew his name from the ballot on Thursday. Gauthier had previously run for mayor in 1997, finishing a distant second to Jim Watson. Meanwhile, lawyer Rod Vanier has registered as the fourth candidate in Knoxdale-Merivale Ward.

METRO OTTAWA

metronews.ca

What's online today.

Video Canada's women's hockey team defend their high-scoring victories at



metronews.ca/canada

Lotteries

Ontario Pick 3: 7 8 9; Ontario Pick 4: 7 4 6 4

Encore: 935/664

Daily Keno: 5, 8, 11, 15, 20, 24, 26, 27, 28, 32,

33, 34, 35, 43, 45, 57, 58, 62, 68, 69.

Payday: 29, 59, 62 & 69

These results are not official.

ADVERTISE TODAY!
1 888 91 metro (63876)

Rabbi awarded key to city

Kindness Week founder has been giving to area for over 40 years

TIM WIECLAWSKI
tim.wieclawski@metronews.ca

There are many reasons why Rabbi Reuven Bulka was awarded the key to the city Thursday night.

There is an incredibly long list of community associations, fundraising campaigns and charity events he's led or taken part in since becoming the leader of the Machzikei Hadas Congregation in 1967. Bulka is also the author of more than 35 books and hosts a weekly radio show on CFRA.

"I've been around the city for a long time now — over 40 years. So it could be just for surviving that long," Bulka, 65, joked before Mayor Larry O'Brien presented him the key during a ceremony at city hall Thursday.

"It is a big honour," said Bulka. "I consider myself fortunate that I've had the opportunity to work with so many good people in many different matters over the course of time. It's thanks to that more than anything else."

Although O'Brien met Bulka years ago, he didn't realize the full extent of the Rabbi's contribution to the



Rabbi Reuven Bulka, leader of the Machzikei Hadas Congregation and founder of Kindness Week, was awarded the key to the city by Mayor Larry O'Brien during a ceremony at city hall Thursday night.

city until he became mayor.

"Several years ago, the Rabbi came to me with an idea based on a simple concept, 'What if we could make Ottawa a kinder community?'" said O'Brien. "Before long, a Kind Ottawa steering committee was created and planning for Ot-

tawa's first annual Kindness Week celebration was underway."

Even though he was informed of the honour nearly a month and a half ago, Thursday evening was chosen for the ceremony because it was the final night of the third annual Kind-

ness Week.

Just because Kindness Week officially ends Friday, that's no reason to stop being kind, Bulka said. "We each have the ability to create the community we want — make a conscious choice to contribute to a kind Ottawa."

Snow conditions 'very good' for weekend's Gatineau Loppet

SKIING Thousands of skiers from 22 countries descend in Gatineau to hit one of North America's largest cross-country ski centres this weekend.

At its peak, the Gatineau Loppet attracted more than 3,500 people, Alain d'Entremont, volunteer chairman of the board of directors for the Gatineau Loppet said Thursday. Now in its 32nd year, the event at-

tracts a consistent 2,500 to 2,700 people annually, making the event the largest cross-country ski event in Canada.

The Gatineau Loppet is part of the World Loppet League, which hosts 15 races around the world with events in Canada, the U.S., Europe and Australia.

While Friday opens with a ski show, Saturday is classic style day, with tradition-

Sign up

- Registration is open on site all weekend.

al skiing and race distances of five, 16, 27 and 49 kilometres. Sunday is freestyle, or skate skiing day, with race distances of 10, 27, and 49 kilometres, and a two-kilometre race for kids.

The friendly Norway-

Gatineau giant ski competition is also held Saturday.

Over the years, the loppet has run the weather gamut from snow to rain, but snow conditions have been very good in Gatineau Park this year, d'Entremont said.

"We've had a very steady winter as far as snow conditions," he said. "Although it wasn't very thick, they always managed to groom the snow, and for the most

part, the snow is in very good condition," he said.

While the country's Olympians are all in Vancouver right now, future stars might be found at this weekend's event.

Competitive skiers working towards the national team can collect points by entering in the freestyle long distance event, d'Entremont said.

TRACEY TONG/METRO OTTAWA



Trust your eyes!

Help keep our transit system safe and secure. If something looks *suspicious*, let us know or **CALL 310-2828**.

www.octranspo.com

CC Transpo

STO

Transport Canada

Transports Canada

MORE THAN JUST TALK



CityFido™
2,000
anytime local minutes¹

\$40
per month³

- › Unlimited text² worldwide
- › No System Access Fees
- › Per-second billing

Use your minutes anywhere within your CityFido zone.
Long distance charges may apply.

**25% RECYCLED
PLASTIC***

From
\$0

*Housing of both phones is made from 25% post-consumer recycled plastic.



MOTO W233 Renew



MOTO W388 Renew+

\$0 with 2-year Fido Agreement

\$15 with 2-year Fido Agreement

EXCLUSIVE TO FIDO

Switch now! On fido.ca, in store or 1-866-301-3436

Offers subject to change without notice. 1. Airtime minutes within your CityFido zone. Long distance charges may apply and are determined based on your local calling area, not your CityFido zone; visit fido.ca/callingareas. Additional local in-zone minutes and airtime used for calls made and received outside your CityFido zone cost 35¢ per minute. 2. Includes text messages sent from Canada to a Canadian, U.S. or International wireless number; text messages received from another mobile phone are free. Charges apply for premium text messages (alerts, messages related to content, contests and promotions). 3. A one-time Activation Fee of \$35 per line applies. Additional airtime, long-distance, roaming, data, add-ons, provincial 9-1-1 fees (if applicable) and taxes are extra and billed monthly. Phone price shown valid with new activation on a Fido Agreement, early cancellation fees apply. TMFido & design, *Giving low prices a good home* and CityFido are trademarks of Fido Solutions Inc. All other brand names and logos are trademarks of their respective owners. © 2010 Fido Solutions Inc.

FIDO STORES

St. Laurent Shopping Centre, Ottawa
Billings Bridge Mall, Ottawa
Carlingwood Mall, Ottawa
Promenades de l'Outaouais, Gatineau
Bayshore Shopping Centre, Nepean

EXCLUSIVE DEALERS

MOBILE IT
70B George Street, Ottawa
Merivale Mall, Ottawa
Elmvale Mall, Ottawa **NEW**
CELTEL MOBILITÉ
320 St-Joseph Blvd., Gatineau

MOBIFONE
Les Galeries de Hull, Gatineau
WIRELESS-2-GO
Place D'Orléans, Orléans

FUTURE SHOP

WIRELESS etc...

booth
the telephone booth

COSTCO
WHOLESALE

«WIRELESSWAVE»

Walmart

**BEST
BUY**

Job Fair

Wednesday February 24
10am - 8pm - Cornwall Civic Complex

Bring your resume and meet representatives from over 20 companies that are hiring now!

Learn about job opportunities in the following fields:

- Logistics
- Manufacturing
- Government
- Marketing
- Call Centre
- Health Care
- Administration
- Customer Service

Cornwall
ONTARIO CANADA

Free shuttle service
from Ottawa to Cornwall.

www.ChooseCornwall.ca

4 local Low-income women have an affordable opportunity to get fit and enjoy the benefits of a healthy lifestyle through the city's Woman Alive Program. **METRO OTTAWA**

Open your doors

EVENT This year, Doors Open Ottawa wants to expand its program — by coming into your building.

Held on June 5 and 6, the free annual event will allow history buffs, architecture students, interior designers, politicians and families to explore parts of Ottawa they've not seen before.

Last year, more than 60,000 people visited about 100 buildings deemed historically, architecturally or functionally unique — from embassies and science labs to radio studios and traffic control stations.

Until March 15, applications are being accepted for new Doors Open locations at ottawa.ca/doorsopen. People can also suggest locations by emailing doorsopen@ottawa.ca or by calling 613-580-9674.

TRACEY TONG/METRO OTTAWA

Theatre **World premiere**



Nicola Cavendish, left, and Fiona Reid, share a moment during a rehearsal for the world premiere of *Mrs. Dexter and Her Daily*, which opens at the National Arts Centre on Friday. Directed by Marti Maraden, the play by Joanna McClelland Glass was inspired by real life, when the playwright lived in Toronto. The play focuses on two women, who despite leading different lives, are remarkably similar.

News in brief

DONATIONS This Sunday, Ottawa 67's fans heading to the game against the Peterborough Petes at the Ottawa Civic Centre are asked to think about the city's less fortunate. Donation boxes will be set up in the Civic Centre for fans to drop in donations of new socks for the Ottawa Mission.

EARTH HOUR Get ready to turn the lights out again in Ottawa. Earth Hour will be held on March 27 from 8:30 to 9:30 p.m. The global campaign challenges residents and businesses to reduce their power consumption for one hour. This is the third year that Ottawa has taken part. **METRO OTTAWA**

RASSEMBLEMENT SUR LA COLLINE PARLEMENTAIRE



Please join the Haitian community in honouring the memory of the victims of the recent earthquake which occurred in Haiti.

Joignez-vous à la communauté Haïtienne afin d'honorer la mémoire des victimes du récent séisme qui a secoué Haïti.

SUNDAY, FEBRUARY 21, 2010

Parliament Hill / Colline du Parlement

Wellington Street, Ottawa

5:00PM - 7:00PM

Info: 613-292-0483, 613-552-2356, or 613-852-1088
www.sakpaseottawa.com



LOOKING FOR A CHANGE? EVEREST COLLEGE CAN HELP

With career training from Everest College, you can be prepared for the competitive job market.

- Accounting and Payroll Administrator - 8 months
- Additions and Community Services Worker - Now at Ottawa West campus! - 10 months
- Business Administration - 8 months
- Computer Business Applications Specialist - 4 months
- Dental Office and Chairside Assistant - 7 months
- Esthetics - Now at Ottawa East campus! - 10 months
- Health, Fitness and Nutrition Consultant - 11 months
- Intra-Oral Level II Dental Assistant - 10 months
- Law Enforcement Foundations - 10 months
- Massage Therapy - 20 months
- Medical Laboratory Assistant/Technician - OSMT Approved* - 9 months
- Medical Office Administrator - 11 months
- Network Administrator - 10 months
- Personal Support Worker - Now at Ottawa East campus! - 6 months
- Pharmacy Assistant - 8 months
- Physiotherapist Assistant - 10 months
- Programmer Analyst / Web Developer - 11 months
- Travel and Tourism - 8 months

Call Now for More Information!

1-866-834-9848

Apply online at www.EverestCanHelp.ca

OTTAWA EAST ▶ OTTAWA WEST

- Career services assistance available
- Programs and Schedules Vary by Campus
- Financial assistance may be available for those who qualify
- Morning, afternoon and evening classes available
- * Graduates are eligible to write the OSMT certification examination

Everest
COLLEGE

BUSINESS • TECHNOLOGY • HEALTH CARE

LA MAISON D'OR ENGAGEMENT RING SHOW & SALE NOW UNTIL FEBRUARY 21ST



25% OFF
SELECTED ITEMS

- DESIGNER COLLECTIONS •
- CREATE YOUR OWN DREAM RING •
- HAVE YOUR DIAMOND SET IN-STORE •
- EXCITING GIVEAWAYS •

See the newest collections from TACORI and Simon G.

Exclusive retailer for FireMark Princess-cut Diamonds

Book an appointment to have your special ring created
and set in-store by our 5-Star Design Team.

Save up to 25% and pay in 6 months interest-free.

We'll be giving away "Romantic Getaways" and "Guys Night Out"
Hockey packages*.



* Spa and hockey packages awarded for specific purchase amounts.

† Excluding TACORI jewellery



Place d'Orléans Shopping Centre • 613-837-1001
See our exciting new website at www.lamaisondor.com

MARK THE MOMENT

Vancouver Olympic officials say they have changed security arrangements after a mentally ill man breached security at the opening ceremonies last week and approached the area where U.S. Vice-President Joe Biden was sitting. The officials say the 48-year-old man had no weapon and posed no threat. **THE CANADIAN PRESS**

Canada



Senior drivers get help

A website — www.olderdriversafety.ca — was unveiled Thursday to help older drivers stay safe on the road and make decisions about when they should retire their car keys. Statistics show a driver over 75 is 3.5 times more likely to be involved in a crash per mile than a 35- to 40-year-old driver. **THE CANADIAN PRESS**

Unshaven Williams in court via video

No longer Trenton commander

Col. Russell Williams, once a well-respected commander in the Canadian air force, appeared in court via video to face first-degree murder charges Thursday looking a shadow of his former self.

Williams was dressed in an orange jumpsuit and appearing unshaven.

He sauntered toward the camera and stood stooped in front of it.

He let out a heavy sigh before stating his full name — David Russell Williams.

A military officer assigned to report back on the proceedings said he was to visit Williams in jail Thursday to officially relieve him of his duties as

"He just looks tired."

Lt. Col. Tony O'Keeffe

commander of Canadian Forces Base Trenton.

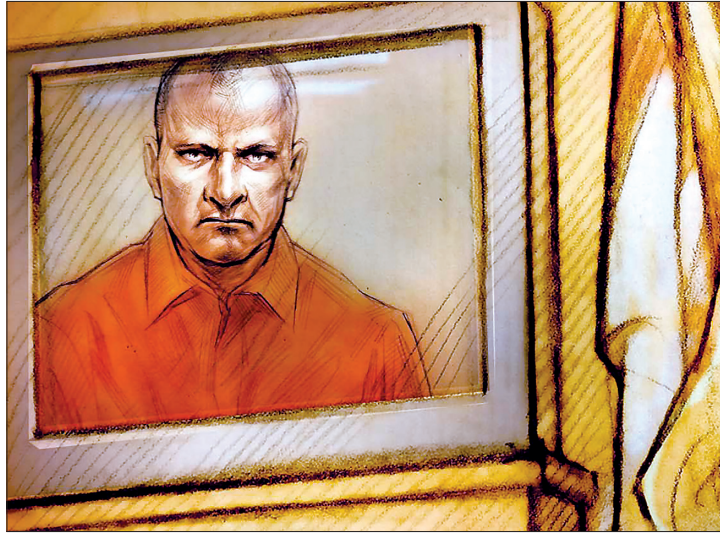
Lt. Col. Tony O'Keeffe has known Williams for nine years and said the man on the Belleville court screen didn't look like the Williams he knows.

"He just looks tired and that's a novelty for the man I know."

Williams, 46, is charged with two counts of first-degree murder.

He is also charged with two counts each of forcible confinement, break and enter and sexual assault.

THE CANADIAN PRESS



In this artist's sketch, Col. Russell Williams appears in a Belleville court via a video link.

Lightfoot alive, despite reports

MUSIC A false rumour about the death of Gordon Lightfoot spread like wild-fire online Thursday, prompting the bemused folk legend to address his fans on a live TV news channel.

"I'm fine, everything is good," Lightfoot, 71, assured all-news station CP24.

Various Canwest papers posted reports saying Lightfoot had died and they were quickly picked up all over the Internet.

THE CANADIAN PRESS

m.metronews.ca



The success of District 9 has it Canadian creators on whirlwind worldwide tour of elite events and private parties. Scan this code for the story.

TONIGHT'S JACKPOT IS AN ESTIMATED

PLAY
TODAY

\$42
MILLION



Know your limit
Play within it knowyourlimit.ca

olg.ca
1-800-387-0098



ON NOW UNTIL FEBRUARY 21st

BEST BEAUTY SWAG

WHO SAYS CELEBS GET ALL THE SWAG?

Spend \$75 or more on colour
cosmetics and receive a

FREE

Murale mini brush kit.

\$100
value!

Place D'Orleans
110 Place d'Orleans Drive
murale.ca

Murale TM/MC
endless cosmetics · fragrance
advanced skin care · beauty

*Offer valid on the purchase total of eligible products using a valid Shoppers Optimum Card® after discounts and redemptions and before taxes. Excludes prescriptions, bonus points and products that contain codeine. Not to be used in conjunction with any other points promotions or offers. Approximate retail value of \$100. Offer valid Monday, February 15 to Sunday, February 21, 2010 only. While quantities last. No rain checks. One per customer, per transaction. See Beauty Master for details.

A couple from a small town in northeast Saskatchewan are counting their blessings after winning \$20 million on a five-dollar lottery ticket. **THE CANADIAN PRESS**

Whistler turning its trash into cash

VANCOUVER 2010 Games

GARBAGE There's more than one kind of Olympic gold in them thar hills.

Whistler Village is turning mountains of garbage, and rivers of — well, let's just say gold and bronze — into black gold at its spanking new, if rather malodorous, multimillion-dollar composting facility. The 2010 Winter Olympics in Vancouver and Whistler have been

Costs

• The resort town's many hotels and restaurants are encouraged to compost by economic incentives. They're charged \$120 a tonne to dump trash but only \$75 a tonne for biodegradable materials.

selling themselves as the greenest Games ever. The municipality of Whistler, along with nearby Pemberton and Squamish, are doing their part.

THE CANADIAN PRESS

Widows' lose court claim

The Supreme Court of Canada has rejected a \$10-million damage award for widows of the miners slain during Yellowknife's bitter 1992 Giant Mine dispute, striking down earlier rulings that found government, unions and private security forces all bore some responsibility for one of Canada's worst outbreaks of labour violence.

The ruling finally brings to an end the long, bitter legal legacy of the strike, which was marked by a deliberately set underground explosion that killed nine replacement workers.

"It's deeply disappointing," said Edmonton lawyer Jeff Champion, who for 15 years has been representing the widows attempt to get compensation through the courts.



Roger Warren, right, is escorted from an RCMP van to the courthouse in Yellowknife in this 1994 file photo. The Supreme Court has rejected a \$10-million damage award for widows of the miners slain during Yellowknife's bitter 1992 Giant Mine dispute.

"But in many aspects, we have prevailed on a couple of important points. Some important legal principles

have been established."

In September 1992, striking miner Roger Warren set and exploded a bomb in the

mine, which had been operating with replacement workers. Warren was convicted in 1995 of nine counts of murder and is serving a life sentence. The widows of the nine victims as well as James O'Neil — the first man on the scene of the bombing — sued the Canadian Auto Workers, the government of the Northwest Territories and security company Pinkerton's of Canada. They argued the owners and the union should have known the dangers and had a duty to protect the victims.

A lower court agreed in 2004 and ordered the defendants to pay \$10.7 million. The Northwest Territories Court of Appeal overturned that decision, along with the award, and the widows appealed to the Supreme Court. **THE CANADIAN PRESS**

GIC INTEREST TOO LOW?

Retirees can double **GUARANTEED** Income with 'Annuities.

Call for a GIC-Annuity comparison

Eligible Funds: Non-RRSP, RRSP, RRIF

*Guarantees provided by major Canadian Insurers and Assuris depositor protection.

CALL NOW
613.842.8809
FirstRateInsurance.com



Quebec takes aim at unethical immigration consultants

LAW Quebec is cracking down on unethical immigration consultants.

The provincial government says only lawyers, notaries, and members of

the Canadian Society of Immigration Consultants will be allowed to represent immigration candidates.

To have a right to prac-

tice, consultants will need to pass a test, demonstrate a knowledge of French, have a clean track record, and register with the Canadian society of consultants.

The government says it could also impose fines of up to \$50,000, and revoke someone's right to practice.

THE CANADIAN PRESS



MITSUBISHI MOTORS

Drive@earth

Rallye

RALLYEMITSUBISHI.CA

819.568.9999

GET MORE FOR YOUR TRADE

ALL MAKES & MODELS ACCEPTED

TRADE FROM \$500	TO \$5,000	MINIMUM \$500	MORE
TRADE FROM \$5,000	TO \$10,000	MINIMUM \$750	MORE
TRADE FROM \$10,000	TO \$40,000	MINIMUM \$1,000	MORE

COUPON MUST BE PRESENTED BEFORE TRADE EVALUATION

NEW PRICE



2010 LANCER

FROM **\$15,998⁺** or **\$124 BI-WEEKLY⁺** TAX INCLUDED

WITH **\$0 DOWN @ 2.8%** FOR 84 MONTHS

*Registration & Insurance extra.

0% 60 mo.

1.8% 72 mo.

0% 48 mo.

0.8% 60 mo.

ALL NEW



2010 OUTLANDER

FROM **\$25,498⁺** or **\$192 BI-WEEKLY⁺** TAX INCLUDED

WITH **\$0 DOWN @ 3.8%** FOR 84 MONTHS

*Registration & Insurance extra.

2 Airline Tickets plus GPS, free with every purchase!

See Rallye for details.

MITSUBISHI MOTORS

RALLY DAYS

NO PAYMENTS FOR 90 DAYS

ON ALL 2010 MODELS*

10 YEAR

160,000 km

POWERTRAIN LTD WARRANTY

BEST BACKED CARS IN THE WORLD*

RALLYE MITSUBISHI • 1185 BOUL. LA VÉRENDRYE WEST • GATINEAU • RALLYEMITSUBISHI.CA • 819.568.9999

EDUCATION EDGE

\$500 REBATE

Smart customers always read the fine print. For all purchase financing offers, customers must sign contract and take delivery by March 1, 2010. *Options, tax, delivery and registration extra. **Subject to credit approval. Mode of payment is bi-weekly. 84 months term at 2.8% APR (Lancer), 84 months term at 3.8% APR (Outlander). Purchase financing at 0% available through Bank of Nova Scotia and Bank of Montreal for up to 60 months on new 2010 Lancer models (Lancer Evolution, Ralliart and Sportback models excluded) and 48 months on all Outlander models. Financing example: \$15,000 financed at 0% APR for 60 months, monthly payment is \$250; cost of borrowing is \$0; and total obligation is \$15,000. No payment for 90 days applies to purchase finance offers. Interest charges (if any) will not accrue during the first 60 days after purchaser signs contract. After the first 60 days, interest (if any) starts to accrue and the purchaser will repay principal and interest (if any) over the term of the contract. All offers available to qualified retail customers in Canada, on approved credit. Regular maintenance not included. See Rallye or Mitsubishi-motors.ca for warranty terms, restrictions and details. Photos for illustration purposes only. *Retail delivery of Mitsubishi vehicles in 2009. ** Best backed claim does not cover Lancer Evolution and Ralliart models. See Rallye or Mitsubishi-motors.ca for Education Edge terms, conditions, and other details. © MITSUBISHI MOTORS, BEST BACKED CARS IN THE WORLD are trade-marks of Mitsubishi Motors North America, Inc. and are used under license.

Halifax to host G8 ministers

Development ministers from G8 countries will meet in Halifax this April to lay the groundwork for talks on maternal and child health. **THE CANADIAN PRESS**

canada 9



Bruce Power radiation protection programs manager Maureen McQueen, left, and vice-president of nuclear oversight and regulatory affairs Frank Saunders appear before the Canadian Nuclear Safety Commission hearing into radioactive contamination of workers in Ottawa on Thursday.

Power station mishap reveals safety gap

An incident that exposed hundreds of workers at an Ontario power station to low levels of radiation has revealed an apparent gap in safety procedures at Canadian nuclear facilities.

Officials from Bruce Power say they did not anticipate or test for airborne alpha radiation in one of the reactors currently being refurbished at a nuclear station on the shores

of Lake Huron.

They say they're always on the lookout for beta radiation, operating on the assumption that protecting against one will protect against the other.

That assumption, which Canadian Nuclear Safety Commission officials say is a common, industry-wide assumption, proved false late last year when unanticipated alpha radiation was discovered in the reac-

tor vault where up to 563 people had been working.

The company eventually concluded that 195 workers had been sufficiently exposed to warrant testing.

Preliminary results on 14 of the workers deemed to have been among the most exposed have so far found alpha radiation levels that are less than half the safe limit prescribed by the nuclear safety watchdog. **THE CANADIAN PRESS**

Yanks join Brits in Canada-bashing

VANCOUVER

2010 Games

MEDIA Et tu, America?

From David Letterman to top sports columnists and dedicated Olympics fans, Americans have joined the British in jeering the Vancouver Games, taking aim at everything from the rained-out events on Cypress Mountain to dangerous race conditions and

technical glitches.

High-profile sports writers at several top U.S. newspapers have pilloried the Games in recent days, with one wondering if two beloved Canadian characters from SCTV organized them.

"Who put Doug and Bob McKenzie in charge of the Olympics?" the Denver Post's Mark Kiszla wrote in a column this week. "Canada has turned the Winter Games into a \$6 billion

comedy of errors ... you would figure Canada, of all places, could do snow and ice well. You would figure wrong."

Greg Kruppa of the Detroit News wrote Thursday that the unsightly chain-link fence that keeps spectators from the Olympic cauldron at Vancouver's waterfront is an apt allegory for the Games. "It's not even a good cyclone fence," he wrote.

THE CANADIAN PRESS

News in brief

HAITI RELIEF Defence Minister Peter MacKay says at least one of the navy ships stationed off Haiti will soon be returning to

Canada. HMCS Athabaskan and HMCS Halifax have been helping in the relief effort following a devastating earth-

quake last month. MacKay says one of the vessels will be heading home within the next few weeks. **THE CANADIAN PRESS**

BRIDGESTHATUNITE
L'ESPONTADEL'UNITÉ

A thought-provoking exhibition exploring Canada's global leadership role

Through powerful stories and images, find out how Canada, in partnership with the Aga Khan Development Network, is transforming lives around the world.

VISIT THE EXHIBIT
When: January 28 – February 28, 2010
Where: Canada Science and Technology Museum
1867 St. Laurent Blvd.
FREE ADMISSION

Visit bridgesthatunite.ca for information on free film screenings and weekly events.

LANARK COUNTY & NORTH LEEDS

- Minutes from Ottawa and Kanata
- Loyal and Available Workforce
- Affordable Wages, Land and Buildings
- Business Loan Fund up to \$250,000
- Employee Training Cost Assistance
- Strategically located between Toronto, Montreal and U.S.

A Natural Advantage for Businesses!
www.valleyofde.com

CONTACT JOHN DOHERTY, EXT. 104 VALLEY HEARTLAND COMMUNITY FUTURES DEVELOPMENT CORPORATION
1-888-784-7605 613-283-7002
91 CORNELIA ST. W., SMITH FALLS, ON K7A 5L3

City services 3-1-1
TTY 613-580-2401

King Edward Avenue Lane Reduction Feasibility Study Open House

Thursday, March 4, 2010
6:30 to 8:30 p.m.
(Presentation at 7 p.m.)
Routhier Community Centre
172 Guigues Street, 1st floor Lounge

The City of Ottawa is undertaking a feasibility study that examines options for reducing the number of lanes on King Edward Avenue between Rideau Street and Sussex Drive. As part of this work, an evaluation of the community and transportation impacts of three alternative lane configurations is being carried out.

Please join us at the Open House to review the findings to date and provide your feedback. Your input is very important. It will help us understand your perspective on the King Edward Avenue corridor.

The results of the study will be presented to Transportation Committee in May 2010. Recommendations will be based on study results as well as the feedback received from stakeholders during the Open House.

Given the recent reconstruction of King Edward Avenue, if a lane reduction alternative is determined to be feasible, the recommendation to Transportation Committee will also explain how a future lane reduction could be achieved in a cost-effective way and with minimal disruption to the community.

Further information about the study can be found on the City's website at: ottawa.ca/kingedwardstudy

If you have questions about the study or the open house, please contact:

Michael Murr
Community Sustainability Department
Infrastructure Services and Community Sustainability
City of Ottawa
110 Laurier Avenue West,
Ottawa, ON K1P 1J1
Tel: 613-580-2424, ext. 25195
E-mail: Michael.Murr@ottawa.ca

ottawa.ca/kingedwardstudy

OTTAWA

Managing Editor, Tracey Tong
Sales Manager, Dara Mottahed

Distribution Manager, Bernie Horton

METRO CANADA

Group Publisher, Bill McDonald
Editor-in-Chief, Charlotte Empey

Assoc Managing Editor, Tarin Elbert
Enter/Lifestyle Editor, Dean Lisk
Asst Managing Editor, Amber Shortt

Art Director, Laila Hakim
National Sales Director, Peter Bartrem
Interactive/Mktg Director, Jodi Brown

Comment & Views

EDITOR: MIKE.DEREZYCKY@METRONEWS.CA

METRO CANADA: TORONTO | OTTAWA | MONTREAL | HALIFAX | EDMONTON | CALGARY | VANCOUVER

Comment

Send in the newbies to city hall

UrbanCompass

Steve Collins

metronews.ca/collins

It's an election year, so it's hardly surprising to hear that old perennial complaint that new blood is needed at city hall.

It's not hard to see why. Incumbency and name recognition are powerful advantages in municipal

politics and multiple-term careers are the norm. Not a single Ottawa councillor who stood for re-election in 2006 was defeated.

Fundraising is much easier for the established candidate as well. Donors are more likely to open their wallets for sitting councillors since they're more likely to win, a vicious cycle that further lengthens the odds for newbies.

It's hard to expect new ideas to come out of the same old, same old. This is not to say the current council does as bad a job as we in our less generous

moods might suggest, or that there isn't a place for that much-maligned creature, the career politician.

While Mayor Larry O'Brien's relative freshness to elected politics was part of his appeal to electors, he seemed to find the learning curve steep once elected, and has admitted to "rookie mistakes" during the campaign, which culminated in his criminal trial last year.

Politics would be a strange business indeed if experience was seen as a universal disqualifier. Well-intentioned new ar-

rivals at city hall will inevitably bump up against peculiarities of procedure, and benefit from the experience of council veterans.

This time around, there are encouraging signs that members of the old guard are willing to give new candidates a chance. At least two incumbents, Knox-dale-Merivale's Gord Hunter and Kanata South's Peggy Feltmate, will not run for re-election, opening the field to new talent, and others are weighing their options.

Efforts are also afoot to help new candidates sur-

mount the obstacles they face in getting elected. Former A-Channel anchor Sandra Blaikie now heads a new group of old political, business and media hands called Fair Chance 2010, which hopes to identify and assist promising new candidates for municipal office. (The group's name sends a considerably nobler message than our somewhat loutish "Own the Podium" Olympic campaign, which to my ear would better suit a sports drink commercial.)

Councillors Jan Harder and Marianne Wilkinson

are also lending their experience to prospective newcomers with the Women in Politics Campaign School, a free workshop at city hall next Saturday. As is the norm at all levels of politics, women are seriously underrepresented on council, holding seven wards out of 23.

Also making a poor showing are voters, just more than half of whom cast a ballot last time around. We could do better this year.

Steve Collins lives, writes and walks in Ottawa; ottawalatters@metronews.ca

Views

The allure of GPS programming while driving

Marketplace

Erica Johnson

metronews.ca/johnson

Here in Vancouver, hordes of people have descended for the Olympics. Most out-of-towners are wandering through the streets on foot — but some brave souls have decided to battle the traffic in vehicles. And to help navigate the way to Olympic venues, a trusty GPS directs tourists to Whistler, Richmond and elsewhere.

Fortunately, a lot of these drivers have a passenger in the car to plug in directions.

But a CBC Marketplace poll found — across Canada — that's often not the case. Almost half the time (47 per cent), drivers said they personally program their navigation devices while the car is in motion — dangerous because 80 per cent of car accidents happen when drivers take their eyes off the road.

And check out the latest statistics from police. In Ontario, lawmakers made it illegal as of Feb. 1 to use a handheld device (like cell-phones and a GPS) while driving. In Toronto alone, in the first week of February, cops handed out 1,499 tickets under the "distracted driving law." And the Ontario Provincial Police have issued 236 tickets and 572 warnings so far this month.

And why are people programming on the go? Because they can. Makers of portable GPS devices say they're not responsible if people don't drive safely. When it comes to a GPS built right into a vehicle, some automakers offer GPS systems that lock out drivers from programming while the car is in motion — some don't.

"We looked at what's required to use that system, and we found that certain tasks, like entering a destination, are more difficult and should be done when a vehicle is stopped," said Tom O'Dell, GM Canada's manager of technical planning.

Transport Canada has known for years that programming a GPS while driving may be a hazard. In

2003, it was looking at whether or not to regulate the use of these devices in moving vehicles. But no deal was ever made with the makers of GPS devices built into cars (and the agency has no mandate over the portable navigators).

Back to those Olympic tourists and their GPS's ... there is one other place the devices fall short. If drivers are looking for the road to gold, only the athletes know how to get there.

Friday night on Marketplace, find out what happens when test drivers are asked to find directions on their GPS.

Erica Johnson is a journalist and co-host of Marketplace, which airs each Friday at 8:30 p.m. on CBC Television.



Tell us your views by email to ottawalatters@metronews.ca or comment on metronews.ca or on Twitter @metroottawa

Letters must include sender's full name, address and phone number — street name and phone numbers will NOT be published. We reserve the right to edit letters.

METRO Ottawa 130 Slater Street, Suite 300, Ottawa, ON K1P 6E2; Tel: 613-236-5058 • 1-888-916-3876; Fax: 1-866-253-2024; Advertising: 613-236-5058 • adinfoottawa@metronews.ca; ottawa_distribution@metronews.ca

What do you **choose** to do?

TIP # **54** Show appreciation to others

kindottawa.ca

Feb. 12-19 is Kindness Week

choose2bk
to be kind

The following sponsors have provided support for 2010 Kindness Week:



Brought to you by a kind Ottawa and supported by United Way Ottawa.

Ad space provided by:



FASHION CLEARANCE ON NOW!

STARTS FRIDAY, FEB. 19TH UNTIL THURSDAY, FEB. 25TH

SAVE AN EXTRA

40%
OFF*

ALL CLEARANCE-PRICED
FASHIONS & FOOTWEAR,
MEN'S & WOMEN'S ACCESSORIES,
HANDBAGS, JEWELLERY,
LUGGAGE AND MORE!

THAT'S UP TO

70% OFF

ORIGINAL PRICES

*Off our last ticketed prices. Excludes Olympic merchandise.



Former New York City police Commissioner Bernard Kerik, who nearly became chief of the U.S. Department of Homeland Security, was sentenced to four years behind bars Thursday for eight felonies, including filing false taxes. **THE ASSOCIATED PRESS**

World



Dalai Lama calls China 'childish'

After his meeting with U.S. President Barack Obama, the Dalai Lama is chiding China for its "childish" and "limited" approach to Tibetan efforts for greater rights within China. Obama welcomed the Dalai Lama for closely watched White House talks Thursday, risking fallout in China over the get-together and Obama's statement supporting preservation of Tibet's identity and human rights.

THE ASSOCIATED PRESS

Allies in control, still face fighting

AFGHANISTAN American-led forces control the main roads and markets in the besieged Taliban stronghold of Marjah, a U.S. Marine general said Thursday, even as fighting raged elsewhere in the southern farming town.

Marines and Afghan soldiers encountered better-fortified Taliban positions and more skilled marksmen on the sixth day of the assault, indicating Taliban resistance in their logistics and opium-smuggling centre was far from crushed. A British general said he expected it would take another month to secure the town.

NATO said four service members died Thursday, bringing the number of allied troops killed in the offensive to 10.

THE ASSOCIATED PRESS

Plane deliberately flown into Texas office building

A software engineer furious with the U.S. Internal Revenue Service plowed his small plane into an Austin, Texas, office building housing nearly 200 federal tax employees on Thursday, officials said, setting off a raging fire that sent workers fleeing as thick plumes of black smoke poured into the air.

An official identified the pilot as Joseph Stack — whose home was set on fire just before the crash — and said investigators were looking at an anti-government message on the web linked to him. The website outlines problems with the IRS and says violence "is the only answer."

Federal law enforcement officials have said they were investigating whether the



Smoke billows from a seven-story building after a small plane crashed into it in Austin, Texas on Thursday.

pilot, who is presumed to have died in the crash, slammed into the Austin building on purpose in an effort to blow up IRS offices. Crews found two bodies in the building Thursday night

and another two people were hospitalized.

After the plane crashed into the building, flames shot out, windows exploded and workers scrambled to safety.

THE ASSOCIATED PRESS

Pakistan captures more Taliban leaders: Report

KARACHI Pakistani authorities, aided by U.S. intelligence, have apprehended more Afghan Taliban chiefs following the capture of the movement's No. 2 figure — arrests that together represent the biggest blow to the insurgents since the U.S.-led invasion in 2001.

The arrests of more than a dozen Taliban leaders, including known associates of Osama bin Laden, came as militants fought to keep a grip on their southern stronghold

Shadow gov't

Two Taliban shadow governors also were apprehended in separate raids, Afghan and Pakistani officials said without giving specifics.

of Marjah.

Hundreds of militants were holding out against a six-day-old assault by 15,000 U.S., NATO and Afghan troops.

Nine Taliban militants linked to al-Qaida were nabbed in three raids late Wednesday and early Thursday near Karachi, Pakistani intelligence officials said, speaking on condition of anonymity because they weren't supposed to release the information.

THE ASSOCIATED PRESS

m.metronews.ca



Things are looking grim for U.S. Democrats, but right wing infighting may put help halt their sliding fortunes. Scan this code for the story.

I deserve to retire with dignity.

So does everyone



What you can do:

- Sign the petition to Prime Minister Harper urging him to protect pension plans and calling for retirement security for all.

Sign the petition:

<http://petition.web.net/psac/node/35/>

- Visit the PSAC National Capital Region website: www.psac-ncr.com
- Contact your PSAC local to know what is happening in your workplace.



Public Service Alliance of Canada
Alliance de la Fonction publique du Canada

www.psac-afpc.com

Homeless survivors plagued by rain, mud

Haiti Crisis

A heavy downpour sent the throngs living beside Haiti's shattered national palace covering under tarps early Thursday as the rush of water made much of the camp of earthquake victims impassable — an ominous foretaste of the rainy season to come.

Amputees struggled to manoeuvre through mud on crutches and wheelchairs. Many in the makeshift tent cities housing nearly 600,000 people in Haiti's capital still live without even plastic tarps, which the international community is trying to get to everyone by May 1.

So when the rain comes,

Route de Piste

The delay in finding permanent housing has caused complications, as evident on a boulevard called Route de Piste, where a cluster of ramshackle villages has taken root. The new neighbourhood is packed; some 27,000 people live there, according to Haitian

Red Cross workers officials are directing aid to the site, while also designating it a "priority for decongestion" — meaning some people must leave. But property is hard to come by, aftershocks continue, and 38 per cent of Port-au-Prince's buildings have been destroyed.

bed sheets spread on sticks as protection from the sun quickly get soaked and people move in temporarily with neighbours who have waterproof tents. The lucky actually have beds off the ground. "It's hard to keep my kids clean. There's too much rain, too much dirt," said Joseph Dukens, 25, at the camp by the national palace.

The government, aid

groups and foreign governments have been wrangling for five weeks over how to house survivors, but neither the weather nor the people are waiting.

Camps have hardened into shantytowns, adding a new dimension to the capital's slum life with an extra helping of disease, hunger and misery brought on by the Jan. 12 disaster. **THE ASSOCIATED PRESS**

Soldiers storm Niger palace; leader missing

NIAMEY Renegade soldiers in armoured vehicles stormed Niger's presidential palace with a hail of gunfire during broad daylight Thursday in an apparent coup attempt in the West African nation.

Military music played on state radio later in the evening — the same music that aired after two previous coups in the late 1990s — and the strongman president's whereabouts was unknown. Government officials could not be reached for comment.

Smoke rose from the palace complex and the echo of machine-gunfire for at least 20 minutes sent residents running for cover, emptying the desert country's downtown boulevards at midday.

Traore Amadou, a local journalist who was in the presidency when the shooting began, said President Mamadou Tandja was kidnapped by mutinous troops. It was unclear if the septuagenarian leader was still at the palace.

Tandja first took power in democratic elections in 1999 that followed an era of coups. But instead of stepping down as mandated by law on Dec. 22, he pushed through a new constitution that removed term limits and gave him near-totalitarian powers. Niger has become increasingly isolated since then.

THE ASSOCIATED PRESS

Taiwan Hoping for families



A young boy holds his sister as their family prays at a local temple for the Chinese Lunar New Year in Taipei, Taiwan on Thursday. A Taiwanese official has urged citizens to procreate amid fears the Year of the Tiger may bring reduced reproduction on the island, which has one of the world's lowest birth rates.

News in brief

ANIMALS Swiss voters will decide in a March 7 poll whether every region should be required to appoint an animal lawyer to represent the interests of pets and farm animals in court — in effect a dedicated public prosecutor for vertebrates that have been abused.

Campaign group Swiss Animal Protection, which gathered 100,000 petition signatures in order to force a vote, argues that abuses on pets are often not taken seriously by local authorities. **THE ASSOCIATED PRESS**

HOME PHONE LINES

"I Saved Over \$500 Last Year with Comwave!"

Jennifer, Kamloops



ALL FEATURES FREE!

- ✓ **FREE VoiceMail**
 - ✓ **FREE Caller ID**
 - ✓ **FREE Call Waiting**
 - ✓ **FREE Call Forwarding**
- ...and much more!

ENHANCED	UNLIMITED CANADA	ONE-RATE	GLOBAL
\$14.95 /MONTH UNLIMITED LOCAL CALLING	\$19.95 /MONTH UNLIMITED CALLING TO CANADA	\$29.95 /MONTH UNLIMITED CALLING TO CANADA & U.S.A.	\$39.95 /MONTH UNLIMITED CALLING TO 25 COUNTRIES WORLDWIDE!
			

Home Phone Video

Around the Corner or Across the Globe... with Video It's Just Like Being There



VIDEO Is Here

comwave®





1-866-388-9566

www.comwave.ca

While Comwave strives for accuracy in our advertising, Comwave reserves the right to correct any error in pricing or information at any time. HOME PHONE LINES: VoIP P11 has certain limitations versus traditional P11. The rates are based on a 3 year term. Satisfaction Guaranteed within 90 days. If you are not 100% satisfied, you may cancel your Video Phone service no questions asked. The Video Phone is valued at \$150, and is a one time purchase. Video can be added to any comwave home phone plan for only \$4.95/month. Features include video voicemail and unlimited video calling. Home Phone plan is limited to 3000 minutes per month. Excess minutes used will be billed at 3.99 cents per minute. Unlimited Canada plan does not include calls to the Yukon, Northwest or N.W.T. One Rate plan does not include calls to the Yukon, Northwest, N.W.T., Hawaii or Alaska. Rate guarantee is based on competitors lowest advertised rate for like services. Terms and conditions apply, see www.comwave.net for details.

Britain's National Trust may intervene to protect the Abbey Road studios where the Beatles recorded most of their hits. The London studios are being put up for sale by the cash-strapped record company EMI. **THE ASSOCIATED PRESS**

Business

DOLLAR	GAS	OIL	TSX
 US 96.02¢ US .34¢	 US \$5.17 US 2.14¢	 US \$79.06 US \$1.73	 11,694.84 59.35

EDITOR: FERMIN.DESOUZA@METRONEWS.CA

Inflation by city

1.9%	Ottawa
1.8%	Toronto
2.1%	Montreal
2.8%	Halifax

Gas, cars drive inflation to 1.9%

Canada's inflation rate shot up to attention-grabbing levels last month as higher prices for cars, gas and vehicle insurance pushed the consumer price index to a 14-month high.

All the inflation indicators rose in January: the

overall consumer price index jumping by more than half-a-point to 1.9 per cent, the Bank of Canada's core index hit two per cent and the month-to-month index increased 0.3 per cent.

January's increase means the annual rate has gone from minus 0.9 per

cent to a positive 1.9 per cent in four months.

Scotia Capital economist Derek Holt said the "stickiness" of underlying core inflation may cause Bank of Canada governor Mark Carney to consider moving off his conditional commitment to keep interest

rates at historic lows until July.

What will be worrying Carney is that prices didn't drop as much as expected during the crisis last year and may now outpace expectations during the recovery, Holt said.

"The bank has pretty

much all the rationale to hike now," Holt said.

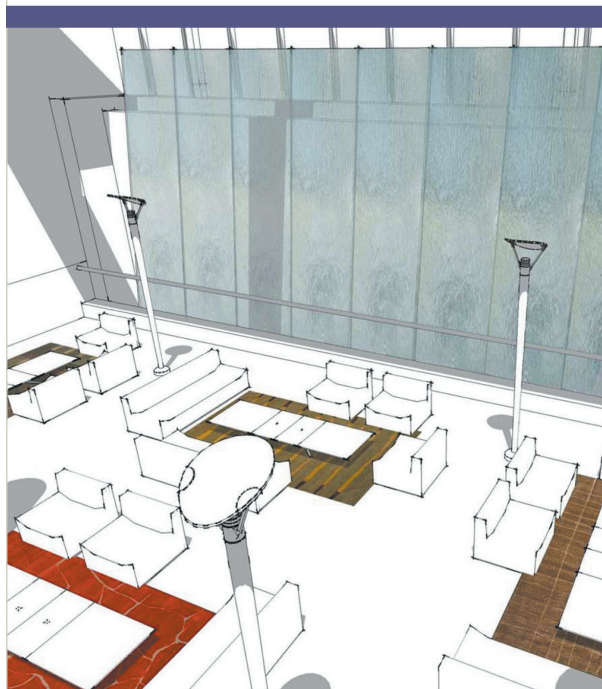
He noted that markets have freed up, there's been a resumption in job creation and the economic growth in the fourth quarter is thought to have approached four per cent.

THE CANADIAN PRESS

240

SPARKS

OTTAWA'S SIGNATURE DOWNTOWN RETAIL EXPERIENCE



THE NEW 240, ON THE CORNER OF BANK AND QUEEN, IS CURRENTLY BEING RENOVATED, RE-VITALIZED AND RE-MERCHANDISED.

IN THE MIDST OF THIS TRANSFORMATION, MERCHANTS ARE STILL OPEN FOR BUSINESS AND EAGER TO SERVE YOUR EVERY NEED!

WATCH FOR NEWS OF THE RE-OPENING OF EACH PHASE, WHICH WE'RE SURE, WILL BRING A "BREATH OF NEW LIFE" INTO YOUR DAY!

WWW.240SPARKS.COM

Bing, Yahoo ready to roll

SEARCH ENGINE Microsoft Corp. and Yahoo Inc. have received clearance from regulators in Washington and Europe to proceed with a search partnership intended to challenge Google Inc.

The companies announced Thursday that the partnership has been approved without restrictions by the Justice Department and the European Commission. Under the 10-year agreement, Microsoft's Bing search engine will steer search-related ads on Yahoo. Yahoo is due to get 88 per cent of the revenue generated from the ads placed alongside the search results on its sites.

The companies said they will begin implementing the deal in the coming days. **THE ASSOCIATED PRESS**

Whistler to go on auction block

PROPERTY Whistler — the ski resort hosting glamorous Alpine events at the Winter Games — may be headed for the auction block.

It's owned by a New York hedge fund that is reportedly behind on a \$524 million loan payment, the result of flagging resort business and plummeting property values.

Creditors are calling an auction to put Whistler and other property up for sale Friday.

THE CANADIAN PRESS

m.metronews.ca



Wireless companies around the world look on with worry as Silicon Valley emerges as the new king. Scan this code for the story.

business 15

Rules may force buyers to alter plans

Some Canadians in expensive real estate markets may have to change their game plans for buying a first home because of new rules announced this week by the federal government.

While the changes are unlikely to be a deterrent for most Canadians, it could make it harder for those on the fringes to qualify for mortgages, industry observers say.

"You'll have the odd marginal purchaser who might be affected by this but I think that these are reasonable ways to keep spending in check," says Dale Ripplinger, president of the Canadian Real Estate Association and a realtor in Regina.

The changes are designed to prevent Canadians from taking on too much debt ahead of expected interest rate increases later this year.

It's a situation that contributed to the housing crisis in the United States.

"If you can't qualify for a five-year fixed (mortgage) in terms of your total debt servicing, then maybe you shouldn't be buying a house to begin with,"

Changes

- The changes announced by Finance Minister Jim Flaherty also include reducing the amount of equity a homeowner can take out of their property to 90 per cent, and requiring a 20 per cent down payment for government-backed mortgage insurance on "speculative" investment properties.

says Jim Murphy of the Canadian Association of Accredited Mortgage Professionals.

As of April 19, all borrowers must meet the requirements of five-year fixed-rate mortgages, even if they opt for lower variable rates.

The change would raise the income required to purchase a house, but not necessarily monthly payments.

Those squeaking by using lower three-year rates as a yardstick may be forced to act quickly before the rules take effect, set their sights lower or remain a little longer on the sidelines, he says.

THE CANADIAN PRESS

Toyota president asked to testify on recalls

AUTO The chairman of a House committee investigating Toyota's recalls said Thursday the company's president should testify at a hearing next week, citing questions from American motorists on "whether it is safe to drive their cars."

Akio Toyoda, the grandson of the Japanese automaker's founder, had said previously that he did not plan to attend a series of hearings scheduled to start on Capitol Hill next week. But he had told reporters in Japan earlier that he would consider appearing if invited.

Rep. Edolphus Towns, D-N.Y., chairman of the

House Oversight and Government Reform Committee, wrote Toyoda that the committee wants him to "clarify" how the car manufacturer is addressing a widening recall crisis. The controversy over safety issues has burgeoned over the past four months with the recall of roughly 8.5 million vehicles.

Reports of deaths in the U.S. connected to sudden acceleration in Toyota vehicles have surged in recent weeks, with the toll of deaths allegedly attributed to the problem reaching 34 since 2000, according to new consumer data.

THE ASSOCIATED PRESS

Business in brief

GOLD Barrick Gold Corp. will grow its reserves and increase the earning potential of its African operations with two separate strategic moves, the world's biggest gold miner announced Thursday.

WHOLESALE American whole-

sale prices shot up at double the expected pace in January, propelled by big increases in energy costs. The surprisingly large jump was viewed as a temporary blip and not the start of inflation problems, however. **METRO NEWS SERVICES**

Sears

GO CANADA GO!



2 DAYS ONLY! SAT., FEB. 20 AND SUN., FEB. 21, 2010

UNLESS OTHERWISE STATED

\$20 MILLION INVENTORY BLOWOUT!

WHILE QUANTITIES LAST



Former Formula One driver Takuma Sato has joined the IndyCar series for the 2010 season. Sato will drive for KV Racing Technology and will join fellow Japanese driver Hideki Mutoh on the 17-race IndyCar series. **THE ASSOCIATED PRESS**

Sports



Santana feels confident

New York Mets ace Johan Santana, left, is feeling confident about his rebuilt left elbow and his team. Santana, who reported to spring training Thursday, says he feels fine throwing all of his pitches. Santana had elbow surgery late last season. The two-time Cy Young winner began throwing off a mound during a minicamp last month. **THE ASSOCIATED PRESS**

EDITOR: DON.MCHOULL@METRONEWS.CA

Tiger statement hot topic

Golfer set to break his silence

When Tiger Woods makes his first public appearance in nearly three months Friday, the big question is what will he say?

The topic was intriguing Americans — Woods was a trendy subject on Twitter a full day before his appearance.

Almost as intriguing is which “friends, colleagues and close associates” will be in the Sunset Room on the second floor of the Mediterranean-style clubhouse at the TPC Sawgrass.

Woods hasn't been seen in public since crashing his car into a tree outside his Florida home Nov. 27, sparking sordid revelations of infidelity, and he hasn't been heard in the 78 days since a magazine released a voice mail that he allegedly

left for one of the women to whom he has been romantically linked, pleading with her to remove his number from her cellphone.

U.S. PGA Tour commissioner Tim Finchem, who made the clubhouse available and was offering logistical help, has said he would attend, and as many as four other members of his executive staff will be in the room.

A British bookmaker has set odds at 4-to-7 that Woods' wife, Elin, will be with him. William Hill didn't stop there, however. It offers 8-to-1 odds that Woods will announce he is getting a divorce, 12-to-1 odds that his wife is pregnant and 100-to-1 odds that he is retiring.

THE ASSOCIATED PRESS



A British bookmaker has set the odds at 4-to-7 that Tiger Woods' wife, Elin, will be by his side during Friday's appearance.

Raptors stand pat at trade deadline

NBA Chris Bosh ambled through a darkened hallway and disappeared behind a set of elevator doors. The Toronto Raptors were still practising, the NBA's trade deadline was fast approaching and it was soon revealed that Bosh, Toronto's unquestioned star, would not be playing in the team's next game.

He had not been traded, though, just injured. The 25-year-old suffered a mild sprain in his left ankle while blocking a shot in Wednesday's overtime loss to the Memphis Grizzlies, and was headed off to see the doctor while his general manager saw what was available at the deadline.

Bryan Colangelo opted not to make a move by the

3 p.m. ET cutoff, leaving his resurgent team untouched, and allowing the speculation to circle around Bosh, who is set to become a free agent this summer.

“Right now, I think Chris is playing very good basketball, and he's a big part of this team,” Raptors coach Jay Triano said after Thursday's practice. “My job is to make him want to stay, because we're going to be pretty darn good.”

Bosh, who just returned from his fifth straight appearance at the NBA's all-star game, will be part of an eye-popping crop of free agents that includes Cleveland Cavaliers forward LeBron James and Miami Heat guard Dwyane Wade. **THE CANADIAN PRESS**

get in on the sale-o-mania.



Samsung U410
~~\$75~~ \$50 Sale price
\$0 With the Tab™¹



Samsung Intensity™
~~\$200~~ \$150 Sale price
\$0 With the Tab™¹

Save up to \$50
on any new
Samsung phone.

koodomobile.com

Hurry!
Offer ends
February 26,
2010.

koodo
mobile

Good call

AudioTronic



FUTURE SHOP

Walmart

koodo
shop

Ottawa
Billings Bridge Plaza
Carlingwood Mall
Les Galeries de Hull
Place d'Orleans
Promenades de l'Outaouais
Rideau Centre
St. Laurent Centre

Belleville
Quinte Mall

Kingston
Cataraqui Town Centre

Cornwall
Cornwall Square

Customer Appreciation Day

Saturday Only!

20% off

regular priced items
in-store with your
irewards™ card*

10% off

for non-irewards
members*

Stock up on books, gifts, toys and more.

Present this coupon in-store to save.



20% off regular priced items in-store with your
irewards™ card* or **10% off** without an irewards card*

Chapters

Indigo

COLES

*Applicable discount applies to regular priced in-stock items. Offer valid on Saturday, February 20th, 2010 (or Friday, February 19th, 2010 for stores closed on Saturdays) in store only at any participating Indigo, Chapters, Coles, Smithbooks, IndigoSpirit, The Book Company or World's Biggest Bookstore location. Coupon must be presented at time of purchase and is not valid in conjunction with any other offer or promotion and cannot be used to adjust amount paid on previous purchases. irewards discount is applied after coupon value is deducted. Not valid online or on kiosk orders. No cash redemption value, non-refundable, does not apply towards the purchase of giftcards, magazines, newspapers, electronic items, irewards memberships/renewals or Indigo Love of Reading Fundraising products or donations. One coupon per customer. If lost, stolen or expired, this coupon cannot be replaced. Reproductions or photocopies of coupon will not be accepted. We reserve the right to change or end this offer at any time without notice.



487050102102

Vote of confidence for women's hockey

International Ice Hockey Federation president Rene Fasel says the women's tournament will remain part of future Olympics despite the fact that the Canada and the U.S. are "on another planet." **THE CANADIAN PRESS**

Vancouver Games

EDITOR: DON.MCHOULL@METRONEWS.CA

TV Highlights

Noon: Women's curling

China vs. Denmark (Sportsnet).

2:30 p.m.: Alpine skiing

Men's super-G gold medal (CTV, TSN).

3 p.m.: Men's hockey

Belarus vs. Sweden (Sportsnet).

4 p.m.: Cross-country skiing

Women's 15 km pursuit gold medal (OLN).

5 p.m.: Men's curling

Denmark vs. Canada (TSN).

6:45 p.m.: Skeleton

Men's and women's gold medals (OLN).

7:30 p.m.: Men's hockey

Czech Republic vs. Latvia (Sportsnet).

8 p.m.: Figure skating

Ice dance, compulsory dance (TSN).

10 p.m.: Women's curling

Denmark vs. Canada (Sportsnet).

Midnight: Men's hockey

Finland vs. Germany (CTV).

Find a complete schedule of this weekend's Olympic events at metronews.ca.

Swiss near miss for Team Canada

Shootout win lets Canadians avoid repeat of 2006 upset by Switzerland

Crosby scored in a shootout as Canada eked out a 3-2 victory over Switzerland on Thursday at the Winter Olympics in a game that evoked scary memories of the Swiss upset win four years ago in Turin.

Canada was stymied for much of the game by Jonas Hiller in the Swiss goal. Martin Brodeur stopped all four Swiss shooters while Crosby scored on Canada's fourth shot to secure the win before a sea of red-and-white clad Canadian fans at Canada Hockey House.

"I look forward to that chance and am glad I made the most of it," Crosby said of scoring the shootout winner.

It was the fourth anniversary of Canada's agonizing 2-0 loss at the 2006 Games when they were stoned by goalie Martin Gerber, who missed these Games with an injury.

This time, it was Hiller



Canada's Patrick Marleau attempts to tip a shot past Switzerland goalie Jonas Hiller in first-period action at Canada Hockey Place Thursday night. Canada won 3-2 in a shootout.

who frustrated Canada's collection of NHL stars. The Canadians outshot the Swiss 46-23 in regulation time and overtime.

"It was one of those nights where he was focused and in the zone," Crosby said of Hiller.

Dany Heatley and Patrick

Marleau scored for Canada while Ivo Rutheman and Patrick von Gunten had goals for Switzerland in regulation time.

Bettman

• NHL commissioner Gary Bettman insists there's still plenty of time for an agreement to be reached on further Olympic participation and says his sole focus now is on the tournament currently underway in Vancouver.

The Swiss have only two NHL players, captain Mark Streit and Hiller, but they battled even up for most of the game and gave Canada a scare.

"It was one of the best games I've ever seen from the Swiss national team," Hiller said.

Olympic rules give three points for a win and only two for a win in overtime or a shootout, so Canada has five points from two games, one behind the United States, who improved to 2-0-0 with a 6-1 win over Norway.

THE CANADIAN PRESS

With earbuds in, snowboarders call the tunes

PLAYLISTS The crowd erupts as the announcer belts your name and rock 'n' roll echoes from below.

Sounds like the perfect atmosphere to pump up an Olympic athlete, right?

Not on the halfpipe, where snowboarders are rocking out to their own beat.

"It kind of blocks out all the peripherals and when the crowd's down (there) roaring, I'll be listening to like Drop The World by Lil Wayne or something like that," said Canadian Jeff Batchelor, who cranks up his iPod during training and competition.

"I have a pretty killer playlist that I just sort of let run through, but four minutes before my run I like to throw on the Cops theme song Bad Boys."

Rules allow halfpipe riders to listen to their own music at events, including the Olympics, and many are wired for sound as they drop into the pipe.

Batchelor's current staples include Eminem, Avenged Sevenfold, Jay Z, tracks from snowboard videos and songs from the video game Rock Band.

"I love to rock out on Rock Band and ... when I play Rock Band I'm in a happy place, so if I listen to those tunes I'm in a happy place," he said.

Some listen to fire themselves up, while others try to block out the venue's sound system, which continuously blasts music at the base of the pipe, even during an Olympic event.

"(It's) really funny because sometimes you'll see them bopping away to the beat and it's totally opposite to what they're playing at the bottom," said Canadian halfpipe coach Tom Hutchinson.

"You think like, 'Man, these kids have no rhythm at all.'"

For other riders, it's all about tuning out the occasional wisecracking emcees.

Earlier this season, American Louie Vito, known for his stint on the TV show Dancing with the Stars, couldn't compete anywhere without getting razzed about it.

At a competition in Copper Mountain, Colo., the emcee cracked jokes about the diminutive Vito every

time he cruised down the pipe. Meanwhile, the DJ played Elton John's Tiny Dancer.

Vito, listening to his iPod, couldn't hear the song, but his buddies told him about it after he finished.

"I am small and I was a dancer, so it fits quite fine, I guess," said the five-foot-five Vito.

But not every rider wears headphones when they sail down the halfpipe.

Justin

Lamoureux, who finished seventh in Wednesday's Olympic halfpipe final, never listens to tunes during competition.

"I was just getting the energy from the crowd," the Squamish, B.C. resident said after the event.

"It's pretty much the chance of a lifetime to have the Olympics at home, in my backyard ... so I just wanted to hear the roar."

THE CANADIAN PRESS

Games in brief

SLALOM Maria Riesch of Germany won the women's super-combined gold medal at the Vancouver Olympics Thursday after her friend and close rival Lindsey Vonn missed a gate in the slalom leg and crashed. Vonn, who had said her badly bruised right shin was bothering her after her victory in Wednesday's downhill, was last among the leaders to ski in the slalom run after being fastest in the morning downhill leg. She was 0.07 seconds ahead of Riesch's pace at the first checkpoint, but fell behind by 0.18 seconds at the second checkpoint, then missed a gate and lost her right ski before tumbling to the snow.

THE CANADIAN PRESS

VANCOUVER GAMES

Medal Count

NATION	G	S	B	TOTAL
U.S.	5	4	6	15
Germany	4	4	3	11
Norway	3	3	2	8
Canada	3	3	1	7
South Korea	3	2	0	5
Switzerland	3	0	1	4
France	2	1	4	7
China	2	1	1	4
Sweden	2	0	1	3
Austria	1	2	2	5
Netherlands	1	1	1	3
Russia	1	1	1	3
Slovakia	1	1	0	2
Czech Republic	1	0	1	2
Italy	0	1	3	4
Poland	0	2	0	2
Belarus	0	1	1	2

On the web

- Up-to-date medal standings and results
- Complete day-by-day event schedule
- Vancouver managing editor Fernando Carneiro's daily column (metronews.ca/columns)
- Metro-Blenz News Squad on-the-ground blog
- Visit **metronews.ca** for more Games coverage.

Did you know?

Research shows that snoring and sleep apnea are associated with many heart conditions such as:

- HIGH BLOOD PRESSURE** - More than 35% of people with sleep apnea suffer from high blood pressure, increasing their risk of heart disease ⁽¹⁾
- STROKE** - Almost 70% of people who have had a stroke have sleep apnea ⁽²⁾

*References: (1) Wessnag et al. Am J Respir Crit Care Med. 1998
(2) Basnett et al. Sleep. 1999

Sleep Therapy Management
Sleep is underrated We can help!

CENTRAL 1935 Bank Street, Suite 6 | 613-526-9841
KANATA 308 Palladium Drive, Suite 105 | 613-599-5800

Vancouver Games

Bernard stays undefeated after win over Germany

CURLING Canadian curler Cheryl Bernard is getting a lot of practice in close games at the Vancouver Olympics.

Bernard missed a pair of critical shots late in her round-robin match with German skip Andrea Schoepp,

but rebounded by drawing near the button with her final stone to cap a 6-5 extra-end win. The victory improved Bernard's tournament record to 3-0 and moved her into a tie with Sweden for first place.

The win was the third straight for Bernard's rink to come courtesy of the final stone. On Wednesday, she trailed Japan 6-5 heading into the 10th end, but scored two with her hammer to come out on top, while on Tuesday she drew to the four-foot marker to knock off Switzerland.

THE CANADIAN PRESS

Nesbitt narrowly nets gold

JEFF HODSON
jeff.hodson@metronews.ca

For someone who had just gutted out a sensational come-from-behind finish to capture Canada's third gold by only the squeakiest of margins, speedskater Christine Nesbitt is pretty darn hard on herself.

"It wasn't pretty," said Nesbitt, who beat Dutch silver medallist Annette Gerritsen by the razor-thin edge of her skate in the women's 1,000-metre long track in Richmond Thursday.

She won the race by a mere 0.02 of a second and was visibly disappointed as she glanced at her time on the scoreboard. She said she didn't think her time would stand through the final pairing and said after-



Canadian speedskater Christine Nesbitt skates with the Canadian flag Thursday after winning the gold medal in the women's 1,000-metre long-track speedskating event at the Olympic Winter Games in Richmond, B.C.

wards that she "didn't come to the Games to win bronze."

Nesbitt's scathing and unflinching self critique — "I love criticizing myself,"

she admitted — has transformed the 24-year-old from London, Ont. into the fastest 1,000m skater in the world. Nesbitt has won all four World Cups this

year in the 1,000m and held the fastest personal time among the skaters. She was the odds-on favourite, but succumbed to jitters at the start of the race in front of the loud hometown crowd.

Nesbitt slipped on her second or third step and immediately fell out of rhythm. She was leading her pair at the 200-metre mark, but quickly realized she was off-pace.

It was then, however, that the long hours of training and preparing mentally took over.

She drove from about 10th position at the 600-metre mark to finish first. The crowd erupted when she crossed the finish.

Kristina Groves, who captured bronze in Sunday's 3,000m race, finished fourth, missing the podium.

No reason for ski team panic ... Yet

WHISTLER It may be too early to panic over the Canadian ski team's dwindling chances of winning three Olympic medals, but a worried finger is hovering over the button.

No one wearing a Maple Leaf waved from the podium after the women's super-combined event Thursday. It's the third race of the Games where Canadian skiers came away empty-handed.

The men's super-giant slalom Friday will be the next chance for a Canadian to win the country's first Olympic ski medal in 16 years.

The women's super-G is Saturday.

"The super-Gs are two big races," said Max Gartner, Alpine Canada's chief athletics officer.

"If we don't have any medals after the super-Gs I'm going to get a little worried. 'We knew it was going to be a tough competition. I think we still have some chances. I'm going to remain optimistic.'"

Germany's Maria Riesch won the gold medal in the super-combined race Thursday. **THE CANADIAN PRESS**

Canada's medal count will rack up soon: Olympic committee

STANDINGS The Canadian Olympic Committee says don't worry about the home team's medal count. Canada will finish the Vancouver Games with a bang.

Christine Nesbitt's gold in long-track speedskating Thursday upped Canada's

medal total to seven, tied with France behind Germany and the United States.

The goal is to finish first in the medal standings.

"We know we're on the right track and we're on track here," COC chief executive Chris Rudge told a

briefing Thursday.

Rudge says Canada is ahead of where it was four years ago at the Winter Games in Turin, where Canada ranked eighth at the same stage.

Caroline Assalian, executive director of Olympic preparation for the COC,

says Canada has its best medal chances near the end of the Games.

"The last four days of these Games will be spectacular for the Canadian Olympic team, that's where we will really rack up the medals."

THE CANADIAN PRESS

Free language classes for newcomers

cic.gc.ca/new

New to Canada? Get the help you need to improve your English or French.

cic.gc.ca/new 1 800 O-Canada (1-800-622-6232) TTY: 1-800-926-9105

Services in British Columbia, Manitoba and Quebec are administered by the respective provincial governments.

 Citizenship and Immigration Canada  Citoyenneté et Immigration Canada

Canada

Visit Metronews.ca/movies to get showtimes, read reviews and watch trailers.

Movies & Entertainment

EDITOR: DEAN.LISK@METRONEWS.CA

Movies

Alice down under

Pg 23



Mia Wasikowska says she was feeling very "bizarre" while filming Tim Burton's take on Alice In Wonderland. See inside for more.

Movies

Pg 24



Scorsese takes on the thriller genre with Shutter Island.

Music

Pg 28



Soundclash's frontman purges demons in solo effort.

Television

Pg 30



Less Than Kind wants to push boundaries on HBO.

CANADA'S #1 MOVIE!

"YOU'LL FALL IN LOVE WITH 'VALENTINE'S DAY.'"

Tanya Kim, CTV, E TALK DAILY

VALENTINE'S DAY

NOW
PLAYING



LANGUAGE
MAY OFFEND

www.valentinesdaymovie.com

Check Theatre Directory or www.valentinesdaymovie.ca
for Locations and Showtimes



Photo: Leslie van Stelten

*"A young pianist of
prodigious technique and
striking stage presence."*

— Washington Post

Rachmaninov's Piano Showpiece

FEBRUARY 24–25, 8 p.m.

NATIONAL ARTS CENTRE ORCHESTRA

James Gaffigan, conductor

Natasha Paremski, piano

MOZART

Overture to *The Abduction
from the Seraglio*

RACHMANINOV

Piano Concerto No. 2

DVORÁK

Symphony No. 7

Tickets from \$19



BOSTONIAN
executive suites

BRAVO SERIES

NAC Orchestra
09-10 SEASON



Watch Canada GO FOR GOLD!

Enjoy CTV's live Olympic Games coverage
in the lobby before and after your performance.

40 years  40 ans
NATIONAL ARTS CENTRE
CENTRE NATIONAL DES ARTS

www.nac-cna.ca

NAC BOX OFFICE MON.-SAT. 10 a.m.-9 p.m.
GROUPS 10+ 613-947-7000 x634 | grp@nac-cna.ca

**LIVE
RUSH™**
liverush.ca

ticketmaster.ca
613-755-1111

At a glance
Shutter Island ●●●●●,
Frozen ●●●●●

Movies

MOVIES EDITOR: KUMAR.SAHA@METRONEWS.CA

●●●●● A CLASSIC; ●●●● EXCELLENT; ●●● GOOD; ●● FAIR; ● POOR

Through rabbit hole in 3-D

Life gets curiouser and curiouser for Alice actress

PHIL BROWN
for Metro Canada

Australian Mia Wasikowska might not be particularly well known now, but that's all about to change.

The actress was the surprise choice to play the titular Alice In Wonderland in the upcoming 3-D adaptation by director Tim Burton.

That's a pretty iconic character and giant film to take on for a 19-year-old with little blockbuster experience, but an opportunity that Wasikowska couldn't resist.

"There's a certain amount of pressure that comes with playing a character who is beloved by so many generations," Wasikowska admitted to Metro.

"But you just have to keep in mind that you can't really please everyone. It was really important to remember that we were making our version of Alice and to stick with our version. That's something that Tim and I started talking about very early on."

Tim Burton has taken a slightly different approach to the material than expected and Wasikowska promises that audiences will get a new interpretation of Lewis Carroll's classic world and characters.

"Alice is 19 in our story, so



Alice in Wonderland director Tim Burton explains his vision to Mia Wasikowska, who plays the title character in the upcoming re-imagining of the popular book.

Alice In Wonderland opens March 5

she's a very different person than she was when she was seven," revealed Wasikowska. "She comes back to Wonderland without any recollection of the previous visit at that age when young women all of a sudden face new expectations from their family and society. So this movie is about trying to hold onto yourself amongst that and trying to figure out the balance between pleasing others and pleasing yourself."

Sounds just like the sort of tale of outsiders fighting for individuality that we've come to expect from Burton in films like Edward Scissorhands and Ed Wood.

Movie feature

To achieve the strange almost living cartoon visual design that Burton was striving for, practically all of the film was shot on a green screen with most of the sets and even some characters animated with computers later.

It was a filmmaking experience unlike anything Wasikowska had done before and one she admits to finding quite odd.

"It was bizarre to shoot in that kind of environment. But I think it worked for this project because it really emulated what I think it's like to be in Wonderland."

The movie will inevitably

On the web

For movie trailers, screen times and photos — or to buy tickets — visit metronews.ca/movies

be a career-changing project for Wasikowska who has quickly gone from an up-and-comer to an actress whose likeness is plastered on billboards and children's toys.

"It's almost like it's not me. Obviously it is, but even when I look at the poster I feel like I'm looking at someone else completely out of context." Sounds a little bit like going through the looking glass, doesn't it?

Frozen one cool thriller

Frozen

Director: Adam Green
Stars: Shawn Ashmore, Emma Bell
Classification: STC
Rating: ●●●●

STEVE GOW
for Metro Canada

REVIEW Early on in Frozen, three young skiers begin to debate a morbid topic — the worst way to die. Sure it may be a sly bit of thematic foreshadowing on filmmaker Adam Green's part but it also summarizes this thriller's best asset — anticipation.

Without apology, the director borrows from legendary auteur Alfred Hitchcock in this attempt at a tightly-wound single-set thriller that relies less on gore (unlike Green's 2006 cult-hit Hatchet) and more on uncovering the

inner psychological fears we restrain — acrophobia, isolation and of course, death by frostbite (what else?).

After college buddies Joe (X-Men's Shawn Ashmore), Dan (Kevin Zegers) and Parker (Emma Bell) scam their way into one last late-day chair lift up a ski hill, a communication breakdown leaves the trio marooned mid-ride.

While the movie doesn't exploit fear of heights as much as one would expect, Green does successfully create some squirm-worthy moments involving frostbite and those waiting wolves.

Sure the thrills are as lean as the premise is thin; plus, the ending is abruptly irredeemable.

But for all its shortcomings, Frozen is a well-intentioned thriller that should at least quench those curiosities about one of the worst ways to die.

"★★★★★
An instant date-night classic."
Earl Dittman, WIRELESS MAGAZINES

"Channing Tatum and Amanda Seyfried are the best romantic couple since 'The Notebook.'"
Lisa Fuller-Magee, KTVK-TV PHOENIX

From Nicholas Sparks, best-selling author of **THE NOTEBOOK**
DEAR JOHN
channing tatum amanda seyfried

PG LANGUAGE MAY OFFEND, SOME MATERIALS MAY BE INAPPROPRIATE FOR YOUNG CHILDREN
Alliance Films Inc. DearJohn-movie.net
facebook.com/alliancefilmsinc

NOW PLAYING! Check Theatre Directory or www.alliancefilms.com for Locations & Showtimes.

The Ottawa Wedding Show!
Salon du Mariage d'Ottawa™

Lansdowne Park
March 6 & 7 **FREE ENTRY!**
Saturday & Sunday 10-5

- Ottawa's top wedding suppliers
- Fashion Shows 12:30 & 3:30
- Wedding Planning Seminars - 11:30 & 2:30
- Super Gown Sale
- Prizes, freebies & more!

OttawaWeddingShow.com

BOOK NOW!
MARCH BREAK CAMPS
MARCH 15TH - 19TH 2010
FOR AGES 6 TO 15

OSA EAO OTTAWA SCHOOL OF ART
ECOLE D'ART D'OTTAWA

SHENKMAN ARTS CENTRE

613.241.7471 613.580.2765
www.artottawa.ca

Movies

MOVIES EDITOR: KUMAR.SAHA@METRONEWS.CA

A CLASSIC; EXCELLENT; GOOD; FAIR; POOR

Scorsese adds A-class touch to B-movie

Shutter Island

Director: Martin Scorsese
Stars: Leonardo DiCaprio, Ben Kingsley, Mark Ruffalo
Classification: 14A
Rating: ●●●●●

PHIL BROWN
 for Metro Canada

For years, Martin Scorsese has admitted his desire to have worked in old Hollywood; when directors were hired hands who nimbly changed subjects and genres from film to film.

Shutter Island sees the director slipping into this mode, taking on a thriller with all the familiar trap-

pings of the genre. While the movie does provide the requisite suspense and entertainment, Scorsese also adds his distinct touch to the project, making this B-movie veer dangerously close to becoming an A picture.

If he weren't such a talented personal filmmaker, this guy would be one hell of a journeyman director.

Shutter Island stars Leonardo DiCaprio in his fourth consecutive collaboration with Scorsese.

Despite a wonky accent, it's one of DiCaprio's finest hours as an actor, even though multiple viewings are necessary to appreciate all the levels of his performance.

He plays a troubled detective assigned to finding a missing patient in a secluded mental institution. As is always the case in these movies, nothing is as it seems.

The initially helpful hospital staff lead by Ben Kingsley becomes increasingly suspicious as Di-



Leonardo DiCaprio, left, and Ben Kingsley star in Martin Scorsese's thriller Shutter Island.

Caprio's recurring nightmares start manifesting themselves in the daytime. It all builds towards a big twist that is easy to predict, but one that carries a surprising emotional weight and context that's not quite so easy to see coming.

Scorsese clearly had a ball slumming it with this genre outing. The movie is filled with loving references to films of the past

and impeccably constructed cinematic set pieces.

It's a movie that demands multiple viewings as the first round will play like classy genre fun with a devastating kick in the pants, while the second viewing will feel more like a tragedy.

Whether or not audiences will devote that much time to what seems like little more than fleet-

ing entertainment remains to be seen, but Scorsese is not filmmaker interested in cheap thrills.

Shutter Island is certainly not the director's best work, but it does prove that he is incapable of making a movie without the thought and care of a master.

• For a Shutter Island trailer, screen times and photos, visit metronews.ca/movies



The Tooth Doctor®

David J. Halpin, D.D.S.

Discover How You Can Reduce Dental Costs With Regular Check-Ups!

During uncertain economic times such as these, we sometimes receive telephone calls from people shopping for the least expensive treatment options available. While cost is certainly important, it should not be the most important thing to consider before having dental work done.

The long term needs of your teeth and gums and the quality of the dental work should be of paramount importance.

The key to reducing dental costs is prevention. There is a lot you can do to avoid serious dental problems. Regular dental check-ups are an essential part of any prevention program. If you see a dentist regularly, any dental problems you may have can be treated in their early stages.

Fact is, in our competitive environment here in the greater Ottawa / Hull area, most people discover that the cost of dental care really doesn't vary that much from one dental office to another.

You can request a quotation before having dental work done. To do this properly, the dentist will need to examine your teeth and take x-rays to detect any hidden defects in your teeth, gums and supporting bone structures that might threaten your oral health. Try not to delay needed dental work.

Treatment rarely gets less expensive and can become more complicated with the passage of time. If you see a dentist only in an emergency when you already have a serious problem, treatment may be much more costly.

At Smiles On Sparks, we believe consumers not only want to know how to spend their money wisely, they also want assurances about the quality of dental care they receive. Our 5-year continuing care warranty policy can help protect our patient's investment in restorative dental procedures such as porcelain veneers, crowns, bridges & dental implant prosthetics.

We always try to provide patients with a treatment plan that's tailored to their budget, while at the same time giving them the best possible dental care. We also offer a variety of payment options including our "Smile Now/Pay Later" low interest, extended payment program to help our patients obtain the care they want or need comfortably, easily and affordably.

Bottom line? In the long run, nothing is more economical than a regular dental check-up. With proper dental care you'll feel healthier, look better and enjoy life to the fullest.

Yours for better dental health,

Dr. David J. Halpin
 B.S.C., D.D.S.



CREATING CONFIDENCE... ONE SMILE AT A TIME!

134 SPARKS STREET • OTTAWA, ON • K1P 5B6
 TEL: 613.563.2396 • FAX: 613.563.9503
www.smilesonsparks.com



Ragweed allergy season is coming

If your symptoms get you down you may be eligible to participate in a research study of an investigational drug to possibly treat Ragweed allergies.

If you are:

between 18 & 50 years of age,

and have had to use allergy treatments during the previous Ragweed season.

Call now: Allergy and Asthma Research Centre
613-725-2102 x 246

(financial compensation provided)

Forget the activation charge.
SAVE \$35!

MEMBERS GET

MORE STUFF.

Get three months of voicemail and call display at no charge. A \$30 value.



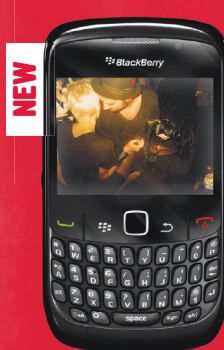
BlackBerry Bold 9700

\$149⁹⁹



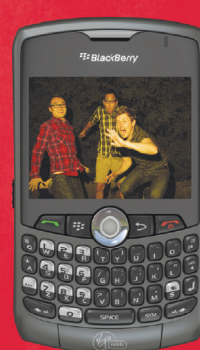
BlackBerry Curve 8530

\$24⁹⁹



BlackBerry Curve 8530

\$24⁹⁹



BlackBerry Curve 8330

\$0



BlackBerry Pearl™ Flip

\$0

On plans starting at \$25/month with 3-year agreement and a data plan. Check virginmobile.ca for more details.



IT'S BETTER TO BE A MEMBER

We're Canada's highest ranked mobile company and the 2009 recipient of J.D. Power and associates' "Highest in Customer Satisfaction with Postpaid Wireless Service".



For full offer details go to virginmobile.ca. Taxes extra. Some phone models and colours may not be available at retailers. Retailers may sell for less. "Virgin Mobile" and the Virgin Mobile logo are trade-marks of Virgin Enterprises Ltd. and used under license by Virgin Mobile Canada. BlackBerry® and related trademarks, names, and logos are the property of Research In Motion limited and are registered and/or used in the U.S. and countries around the world. J.D. Power and Associates 2009 Canadian Wireless Customer Satisfaction StudySM. Study based on 15,207 total responses from consumers with postpaid wireless service, measuring 9 wireless service providers. Proprietary study results are based on experiences and perceptions of consumers surveyed in October 2009. www.jdpower.com.



Oren Moverman, Oscar-nominated writer-director of *The Messenger*, is staying in downbeat land for his next movie — he's in talks to write and direct Universal/Working Title's untitled Kurt Cobain biopic. EMPIREONLINE.COM

Messenger director up for Cobain pic

Kevin shoots for 'real' on Cop job

STEVE GOW
for Metro Canada

He may have made nine movies to date, but filmmaker Kevin Smith considers his latest comedy to be his first "real" directing job.

"I'm not a filmmaker," insisted Smith. "I'm a guy who rips open his chest, pulls out fatty chunks of his heart, puts it on a platter, projects it and goes, 'You get it?'"

Not only has that vulnerability earned the New Jersey writer/director a dedicated following since his debut with *Clerks* but after the disappointing release of 2008's *Zack and Miri Make a Porno*, it nearly left him devastated.

"I thought I was dead," said Smith regarding the film's sluggish opening. "I thought that either internet (fans) or Canada would take a hit out on me for ru-



Bruce Willis, left, and director Kevin Smith at work on the set of *Cop Out*.

**Cop Out
opens
next
Friday**

ining Seth Rogen's career. Mercifully, by the end of the weekend we were able to get up to a \$10 million opening but even that was anemic ... I was like 'I give up.'"

In the aftermath, Smith retreated and took up an interest in hockey (he now loves the Edmonton Oilers) which he acknowledges led him "to salvation in some weird way."

Further bolstered by two sold-out speaking engage-

ments in Toronto, Smith realized that he needed to step away from his own scripts and re-establish a new niche in Hollywood. Kismet or coincidence, he soon got the offer to direct *Cop Out* — a Bruce Willis/Tracy Morgan buddy

comedy written by Robb and Mark Cullen.

"It's so weird to take such a long journey just to get to the middle," said Smith. "Like I wanted to do something which in one way or another could be defined as average. I was used to tear-

"I'm not a filmmaker. I'm a guy who rips open his chest, pulls out fatty chunks of his heart, puts it on a platter, projects it and goes, 'You get it?'"

Kevin Smith

ing my heart out, bleeding and putting it into art and this was not that. This was just let's make a movie. Wouldn't it be fun to make a movie?

As it turns out it was fun. And although Smith will soon return to directing his own script (a hockey movie no less!), the roller-coaster experience has left him feeling refreshed.

"I could see where some person could get lost in this," said Smith. "(With) making other people's movies, there's no chance for heartbreak. Whatever happens to *Cop Out* now, I know that I did the best job I possibly could."

3 ACADEMY AWARD NOMINATIONS

BEST ACTOR - JEFF BRIDGES
BEST SUPPORTING ACTRESS - MAGGIE GYLLENHAAL
BEST ORIGINAL SONG - "THE WEARY KIND"

THE PERFORMANCE — OF A LIFETIME — WINNER

BEST ACTOR-JEFF BRIDGES

GOLDEN GLOBE® AWARD • CRITICS' CHOICE AWARD
SCREEN ACTORS GUILD AWARD® • NEW YORK FILM CRITICS ONLINE
LOS ANGELES FILM CRITICS ASSOCIATION



CRAZY HEART

14
Parental Strong Caution
Some Material May Be Inappropriate for Children Under 14

SUBSTANCE ABUSE,
COARSE LANGUAGE

WWW.CRAZYHEARTMOVIE.COM



NOW PLAYING!

EMPIRE THEATRES
EMPIRE 7 OTTAWA

CINEPLEX ENTERTAINMENT
SILVERCITY GLOUCESTER

Check theatre directory or go
to www.tribute.ca for showtimes

RollingStone

"SHUTTER ISLAND" SIZZLES

WITH SO MUCH NERVE-FRYING SUSPENSE
THAT IT'S HOT TO THE TOUCH."

Peter Travers

LEONARDO DICAPRIO
SHUTTER ISLAND

PHOENIX
PICTURES

VIOLENCE,
DISTURBING CONTENT,
COARSE LANGUAGE

ShutterIsland.com



STARTS TODAY!

CHECK THEATRE DIRECTORY FOR LOCATIONS AND SHOWTIMES

Cineplex

Independent

Museum

Empire

AMC

Rainbow Cinemas

This week's new releases are highlighted in pink.

Screen Times

THESE PAGES COVER MOVIE START TIMES FROM FRI., FEB. 19 TO THURS., FEB. 25. TIMES ARE SUBJECT TO CHANGE. COMPLETE LISTINGS ARE ALSO AVAILABLE AT METRONEWS.CA/MOVIES.

OTTAWA

BYTOWNE CINEMA

325 Rideau St., 613-789-3456

Amreeka (14A) Sun 12:45 Mon 4:15
The Imaginarium of Doctor Parnassus (PG) Fri 4:10 Sat 1:15
The Last Station (14A) Fri 6:45 Sat 3:50-9:15 Sun 5:55 Mon-Tue 6:25 Wed 4 Thu 9:25
Monty Python and the Holy Grail (14A) Tue 4:20 Wed 9:25
The White Ribbon (14A) Fri 9:10 Sat 6:15 Sun 2:55-8:20 Mon-Tue 8:50 Wed-Thu 6:25

CANADIAN FILM INSTITUTE

2 Daily Ave., Suite 120, 613-232-6727

Best of Ottawa International Animation Festival 2009 (STC) Sat 7

Fire (STC) Sun 7

No Films Showing Today (STC) Fri Mon-Thu

The Wild Hunt (STC) Sat 9

CANADIAN MUSEUM OF NATURE

240 McLeod St., 613-566-4700

Classic Animal Tracks, Volume 2 (STC) Sat-Sun 9:30-10:30-11

Mischiefous Meerkats (STC) Thu 6 Thu 7

No Films Showing Today (STC) Mon-Wed

Oceans (STC) Fri 3 Sat-Sun 11:30-1:30-3:30 Fri 4 Sat-Sun 12:30-3:30

CENTRE TOWN MOVIES

Dundonald Park, 512 Somerset St. W., 613-232-1534, centretownmovies.org

Listings not available at press time.

COLISEUM OTTAWA

3090 Carling Ave., 613-596-9475

Avatar 3D (STC) Fri-Sun 12:50-2:40-3:40-6:20-8:10-9:55 Mon-Wed 4:30-6:20-8:10-9:55 Thu 4:30-8:10-9:55

CTV Olympic Games Broadcast (STC) Fri-Sun 1 Mon-Thu 3

Dear John (PG) Fri-Sun 12:55-3:50-7:10-9:45 Mon-Thu 3:50-7:10-9:45 Star & Strollers Screening Thu 1

From Paris With Love (14A) Fri-Thu 3:45-9:10

My Name Is Khan (PG) Fri-Sun 12:40-4:15-8 Mon-Thu 4:15-8

Percy Jackson & the Olympians: The Lightning Thief (PG) No Passes Fri-Sun 1:10-4:7-9:40 No Passes Mon-Thu 4:7-9:40

Shutter Island (14A) No Passes Fri-Sun 12:30-3:40-6:50-10 No Passes Mon-Thu 3:40-6:50-10 No Passes Mon-Thu 4:10-7:20-10:30

Tooth Fairy (G) Fri-Sun 1:15-6:30 Mon-Thu 6:30

Valentine's Day (PG) No Passes Fri-Sun 1:20-4:20-7:30-10:25 No Passes Mon-Thu 4:20-7:30-10:25 Star & Strollers Screening, No Passes Thu 1

The Wolfman (18A) No Passes Fri-Sun 12:35-1:30-3:40-6:40-7:40-9:20-10:10 No Passes Mon-Thu 3:30-4:40-6:40-7:40-9:20-10:10

EMPIRE 7 CINEMAS

111 Albert St., 3rd Floor, World Exchange Plaza, 613-233-0209

Crazy Heart (14A) Fri 3:40-6:40-9:30 Sat-Sun 12:40-3:40-6:40-9:30 Mon-Thu 3:40-6:40-9:30

Percy Jackson & the Olympians: The Lightning Thief (PG) No Passes Fri 3:40-6:30-9:25 No Passes Sat-Sun 12:45-3:30-6:30-9:25 Mon-Thu 3:30-6:30-9:25

Preclus: Based on the Novel "Push" by Sapphire (14A) Fri 7:40-9:40 Sat-Sun 1:47-9:40 Mon 4:40 Tue 4:7-9:40 Wed-Thu 4:40

Shutter Island (14A) No Passes Fri 3:25-6:20-9:20 No Passes Sat-Sun 12:30-3:25-6:20-9:20 No Passes Mon-Thu 3:25-6:20-9:20

A Single Man (PG) Fri 4:10-7:10-9:50 Sat-Sun 1:10-4:10-7:10-9:50 Mon-Thu 4:10-7:10-9:50

Up in the Air (14A) Fri 4:05-7:05-9:45 Sat-Sun 1:05-4:05-7:05-9:45 Mon-Thu 4:05-7:05-9:45

The Wolfman (18A) No Passes Fri 3:50-6:50-9:35 No Passes Sat-Sun 12:50-3:50-6:50-9:35 Mon-Thu 3:50-6:50-9:35

MAYFAIR THEATRE

1074 Bank St., 613-730-3403, mayfairtheatre.com

Antichrist (R) Wed-Thu 9:45

Big River Man (STC) Fri-Sun 9:45

The Darjeeling Limited (14A) Tue 9

Fantastic Mr. Fox (PG) Fri-Sun 12:30 Mon-Tue 7

The Great Muppet Caper (STC) Sat-Sun 4:30

Invictus (PG) Fri-Sun 7 Wed-Thu 7

The Muppet Movie (STC) Sat-Sun 2:30

Pig Hunt (STC) Fri 11:55 Mon 9

Zatoichi (18A) Sat 11:55

OTTAWA FAMILY CINEMA

710 Broadway Ave., 613-722-8218, familycinema.ca

No Films Showing Today (STC) Fri-Sun-Thu

The Spy Next Door (PG) Sat 2

RAINBOW CINEMAS

St. Laurent Centre, 1200 St. Laurent Blvd., 613-688-0850

The Blind Side (PG) Fri-Thu 10-6:35-9:10



Valentine's Day, with its star-studded cast, opened last week.

The Book of Eli (14A) Fri-Thu 9:05

An Education (PG) Fri-Thu 10:25-7:05-9:25

It's Complicated (14A) Fri-Thu 10:20-1:34-5:30-9:30 Thu 1

Legion (14A) Fri-Thu 9:30

Old Dogs (G) Fri-Thu 10:10-12:10-2:20-4:45-7:10

Planet 51 (PG) Fri-Thu 12:25-2:40-4:35

The Princess and the Frog (G) Fri-Thu 12:35-2:50-5

The Spy Next Door (PG) Fri-Thu 10:40-1:10-3:10-5:15-7:20

RIDEAU CENTRE CINEMAS

50 Rideau St., 613-234-3712

Dear John (PG) Dolby Stereo Digital Fri 4:05-6:45-9:35 Dolby Stereo Digital Sat-Sun 1:20-4:05-6:45-9:35 Dolby Stereo Digital Mon-Thu 4:05-6:45-9:35

Frozen (STC) SDOS Digital Fri 4:20-7:45 SDOS Digital Sat-Sun 1:35-4:20-7:45 SDOS Digital Mon-Thu 4:20-7:45

Valentine's Day (PG) Dolby Stereo Digital, No Passes Fri 3:45-6:30-9:20 Dolby Stereo Digital, No Passes Sat-Sun 1:25-4:15-6:30-9:20 Dolby Stereo Digital, No Passes Mon-Thu 3:45-6:30-9:20

SOUTH KEYS

2214 Bank St., 613-736-1115

Avatar 3D (STC) Fri-Tue 10:15-2:40-6:40 Wed 10:15-2:40 Thu 10:15-2:40-6:40

Dear John (PG) Fri-Thu 12:40-3:50-6:40-9:30

From Paris With Love (14A) Fri-Thu 4:25-9:45

Percy Jackson & the Olympians: The Lightning Thief (PG) No Passes Fri-Thu 10:20-1:10-3:55-6:50-9:35

Sherlock Holmes (PG) Fri-Thu 10:25-1:15-4:10-7:10-10:05

Shutter Island (14A) No Passes Fri-Thu 10:45-1:20-2:45-4:20-6:45-8:55

Tooth Fairy (G) Fri-Thu 10:30-12:55-3:30-6:30-9

Up in the Air (14A) Fri-Thu 10:35-1:45-4:15-6:55-9:25

Valentine's Day (PG) No Passes Fri-Thu 10:10-12:15-1:05-3:15-4:45-6:15-7:05-9:15-10

When in Rome (PG) Fri-Thu 11:10-3:15-7:15

The Wolfman (18A) No Passes Fri-Thu 1:25-4:30-7:25-9:50

GATINEAU

283 rue St-Jean-Bosco, 819-773-1888

CANADIAN MUSEUM OF CIVILIZATION

100 rue Laurier, 819-776-7010

Closed for Renovations (STC) Fri-Thu

CINÉ-CAMPUS UQO

283 rue St-Jean-Bosco, 819-773-1888

CINÉMA DES GALERIES D'AYLMER

400 boul. Wilfrid-Lavigne, 819-248-2526

Celine: Through the Eyes of the World (G) Sat-Sun 17 Mon 7 Thu 7

Extraordinary Measures (G) Fri 1:30-4:07-9:40 Sat-Sun 3:40-9:40 Tue 7:40 Wed-Thu 9:40

Percy Jackson & the Olympians: The Lightning Thief (G) Fri-Sun 1:30-3:57-10:10

9:40 Mon 7:10 Tue 1:10-3:57-10:10-9:40 Wed-Thu 7:10-9:40

Shutter Island (13+) Fri-Sun 12:40-3:30-6:40-9:30 Mon 6:40 Tue 12:40-3:30-6:40-9:30 Wed-Thu 6:40-9:30

Valentine's Day (G) Fri-Sun 12:50-3:20-6:50-9:20 Mon 6:50 Tue 12:50-3:20-6:50-9:20 Wed 6:50-9:20 Thu 9:20

Victoria: Les jeunes années d'une reine (G) Tue 1:30 Wed-Thu 7

CINÉ-STARZ

1100 boul. Maloney Ouest, 819-568-8000

2012 (G) Mon-Thu 1:45-8:40

L'Imaginarium de Dr. Parnassus (G) Fri-Sun 12:40-3:40 Mon-Thu 12

Le livre d'Élie (13+) Fri-Sun 3:40-8:05 Mon-Thu 4:30-8:35

Millennium 2 (STC) Fri-Sun 5:45-8:45 Mon-Thu 2:10-8:45

Neuf (G) Mon-Thu 1:50

Noémie: Le secret (STC) Fri-Sun 12:15 Mon-Thu 12

Planète 51 (G) Fri-Sun 12:14-5:40 Mon-Thu 12

La princesse et la grenouille (G) Fri-Thu 12:14-5:30-1:57

La Saga Twilight: Tentation (G) Fri-Sun 12:10-6:45-9:05 Mon-Thu 3:55-6:10-8:25

Sherlock Holmes (G) Fri-Sun 3:25-7:20-9:35 Mon-Thu 4:40-7:40

CINÉ-PARC TEMPLETON DRIVE-IN

1779 boul. Maloney Est, 819-663-0915

Listings not available at press time.

GATINEAU 9

120 boul. de l'Hôpital, 819-568-6070

Avatar (G) Sat-Sun 12:30

Avatar 3D (G) Fri 8 Sat-Sun 4:10-8 Mon 8 Tue 12:30-4:10-8 Wed-Thu 8

Cher John (STC) Fri 7:15-9:45 Sat-Sun 1:15-4:7:15-9:45 Mon 9:45 Tue 1:15-4:7:15-9:45 Wed-Thu 9:45

Céline autour du monde (G) Sat-Sun 1

La fée des dents (G) Fri 7:20-9:40 Sat-Sun 4:7:20-9:40 Mon 7:20-9:40 Tue 1:47-20-9:40 Wed 7:20 Thu 7:20-9:40

Le Loup-garou (13+) No Passes Fri 6:40-9:05 No Passes Sat-Sun 12:40-2:45-6:40-9:05 No Passes Mon 6:40-9:05 No Passes Tue 12:40-2:45-6:40-9:05 No Passes Wed-Thu 6:40-9:05

Percy Jackson et les Olympiens: Le Voleur de foudre (G) No Passes Fri 7:05-9:35 No Passes Sat-Sun 12:50-3:30-7:05-9:35 No Passes Mon-Thu 7:05-9:35

Le Petit Nicolas (STC) Fri 7:40-9:10 Sat-Sun 12:15-4:30-7:10 Mon 7:40 Tue 12:15-4:30-7:10 Wed-Thu 7:10

La Saint-Valentin (G) No Passes Fri 6:50-9:30 No Passes Sat-Sun 1:10-3:45-6:50-9:30 No Passes Mon 6:50-9:30 No Passes Tue 1:10-3:45-6:50-9:30 No Passes Wed-Thu 6:50-9:30

Les Sept Jours du Talion (STC) Fri 6:30-9 Sat-Sun 12:20-3:30-6:30 Mon 6:30-9 Tue 12:20-3:30-6:30 Wed-Thu 6:30-9

Shutter Island (13+) No Passes Fri 6:20-9:20 No Passes Sat-Sun 12:10-3:15-6:20-9:20 No Passes Mon 6:20-9:20 No Passes Tue 12:10-3:15-6:20-9:20 No Passes Wed-Thu 6:20-9:20

STARCITÉ HULL

115 boul. du Plateau, 819-770-1090, cinemafortuna.ca

Alvin et les Chipmunks: La suite (G) Fri-Thu 1:05-6:35

Avatar (G) Fri-Thu 12:05-3:25-6:45-10:05

Avatar 3D (G) Fri-Thu 12:30-2:40-6:40-10

The Book of Eli (13+) Fri-Thu 3:55-8:50

Dear John (G) Fri-Thu 1:35-5:30-10:10

Edge of Darkness (13+) Fri-Thu 12:30-3:40-7:15-9:50

From Paris With Love (13+) Fri-Thu 1:10-4:15-6:50-9:10

La fée des dents (G) Fri-Thu 12:50-4:6:25-8:45

Le Loup-garou (13+) Fri-Thu 12:55-3:45-7:10-9:45

Percy Jackson & the Olympians: The Lightning Thief (G) Fri-Thu 12:20-3:05-7:05-9:55

Le Petit Nicolas (STC) Fri-Thu 1:15-4:20-7:20-9:35

La Saint-Valentin (G) Fri-Thu 12:40-3:35-6:30-9:30

Les Sept Jours du Talion (STC) Fri-Thu 12:35-4:05-5:55-9:40

Shutter Island (13+) Fri-Thu 12:10-3:15-6:20-9:25 Fri-Thu 12:25-3:30-7:40-10:15

Valentine's Day (G) Fri-Thu 12:15-3:10-7:25-10:20

The Wolfman (13+) Fri-Thu 12:45-4:10-7:25-10

BARRHAVEN

BARRHAVEN CINEMAS

131 Riocan Dr., 613-825-2463

Avatar 3D (STC) Fri 8:30 Sat-Sun 12:30-4:30-8:30 Mon-Thu 8:40

Dear John (PG) Fri 7:20-9:50 Sat-Sun 1:10-4:7:20-9:50 Mon-Thu 5:20-7:50

Percy Jackson & the Olympians: The Lightning Thief (PG) No Passes Fri 6:40-9:30 No Passes Sat-Sun 12:50-3:40-6:40-9:30 No Passes Mon-Thu 5:10-8:40 Star & Strollers Screening, No Passes Thu 1

Shutter Island (14A) No Passes Fri 7:10-10 No Passes Sat-Sun 12:40-3:50-7:10-10 No Passes Mon-Wed 5:40-8:50

Tooth Fairy (G) Fri 6:30-9:20 Sat-Sun 1:30-6:30-9:20 Mon-Thu 5:30-8:10

Valentine's Day (PG) No Passes Fri 7:10-10 No Passes Sat-Sun 1:20-4:10-6:50-9:40 No Passes Mon-Thu 5:30-8:20 Star & Strollers Screening, No Passes Thu 1

The Wolfman (18A) No Passes Fri 6:50-9:40 No Passes Sat-Sun 1:20-4:10-6:50-9:40 No Passes Mon-Thu 6:30

GLOUCESTER

SILVERCITY

2385 City Park Dr., 613-688-8800

Avatar 3D (STC) Fri 12:40-3:40-6:40-9:30 Sat-Sun 2:40-6:40-9:30 Mon-Thu 12:40-3:40-6:40-9:30

Avatar: An IMAX 3D Experience (STC) Fri-Thu 12:30-3:30-7:30-10:30

Celine: Through the Eyes of the World (STC) Sat-Sun 1

CTV Olympic Games Broadcast (STC) Fri-Sun 1 Mon-Thu 3

Dear

Music

Try keeping it short and tweet

SoundCheck

Alan Cross

metronews.ca/soundcheck

NOTE: This is definitely an article you'll want to rip out to use for future reference.

In Twitter parlance, Fridays are Follow Friday (or, more correctly, #followfriday), the day on which many users offer suggestions on whom to track. To find anyone or anything listed below, just sign in to Twitter, click "Find People" and enter the name provided. If don't have a Twitter account, getting one is free and easy at twitter.com.

Artists: Coldplay fans — 2.5 million of them — get offers directly from the band or through the mysterious Roadie #42 (coldplay). Weezer is so serious about social media that they take Karl, their webmaster, with them just about everywhere they go. He's how fans first learned about their bad bus crash (WeezerOfficial). Sloan likes to connect fans to new songs (Sloanmusic). And check out Courtney Love's grammatically and politically incorrect screeds (CourtneyLoveUK).

Music News: Most music magazines and websites offer Twitter alerts with breaking news or links to interesting stories. Britain's NME (NMEmagazine) does a great job as does Spin (SPINmagazine) and Rolling Stone (RollingStone). Highly

underrated is Canada's FYI Music (fyimusic), which is a great aggregator of content.

Music Writers and Bloggers: Many writers of music columns for newspapers push out their own tweets in real time. Neil McCormick, who writes for London's Daily Telegraph, offers amusing tweets as he flits between gigs and interviews (neil_mccormick). Bob Lefsetz is the music industry's most outspoken critic and is a must read (Lefsetz). And when Billboard's Glenn Peoples links to something with his tweets, I'm guaranteed to click through (billboard-glenn).

Record Labels: Most labels have figured out that Twitter can be an excellent promotional tool for their artists with offers, contests and news. Follow Sony (Sony_Music), Universal (Universal_Music), EMI (emimusiccanada) and Warner (warnercanada). Indie MapleMusic is also very good (maplemusicrecs).

A great place to find more people and things to follow is at wefollow.com. And you can follow Metro's music writers from across Canada at twitter.com/TheMetroMusic. Me? I can guarantee you lots of music news, opinion and links by following ExploreMusic, my web-and-radio thing (ExploreMusic). And I'm posting music and tech stuff to my personal feed (alancross) from everywhere all the time. For example, I'm in Oslo, Norway, today. Find out why with a quick follow.

The Ongoing History Of New Music can be heard on stations across Canada. Read more at ongoinghistory.com and exploremusic.com

Cruising for a Bruising

Bedouin Soundclash's Malinowski plunders personal life

KEITH CARMAN
for Metro Canada

"I've never told anyone about this before," admits guitarist/vocalist Jay Malinowski ominously. Revered as one-third of ska/punk/pop trio Bedouin Soundclash, he's discussing the motivation behind debut solo effort Bright Lights And Bruises.

"I was sitting around with a friend after a Bedouin show in London," the story continues. "He said, 'Someone needs to punch you in the face or something.' I asked him what he meant and he said, 'It's like you can write songs but it's like sometimes you need to say something more ... you need to say something.'"

Adored for his role in crafting upbeat, footloose and fancy free romps with Toronto-based Bedouin Soundclash, the soft-spoken crooner admits that while rather combative, his colleague was entirely right: There's nothing wrong with Bedouin Soundclash's levity, yet Malinowski is capable of crafting tunes with far more emotional girth. Strangely enough, neither Malinowski nor his potential assaulter realized how fulfilling that statement would be.

Faced with intense personal tribulations and brimming with emotion a few months later, Malinowski was compelled to purge it through his only release — music. Penning tune after tune and committing them to tape, the



Jay Malinowski's Bright Lights And Bruises is moody, richly personal and incredibly introspective.

resulting effort, Bright Lights And Bruises, is a decidedly deep, undeniably contemplative collection. Without getting into specifics, Malinowski reveals that a battered private life was crucial in both realizing Bright Lights And Bruises, not to mention ensuring Bedouin Soundclash would continue.

"For better or worse, (writing deeper music) happened to me. It wasn't my buddy though. Life punched me in the face," he waxes wistfully. "I had to do some serious soul-searching."

Replete with ballads, twangy country bouts and sublime pop, Bright Lights And Bruises is moody, richly personal and incredibly

introspective; features a sound befitting the catharsis Malinowski so urgently required. As an aside, it's also the first release on Bedouin Soundclash's fledgling label Pirates Blend Records (distributed via Sony Music Canada) after realizing Bright Lights And Bruises' initial suitors, "were incongruent with what I wanted to do. It was meant to be this way."

At that, with the emotional purge of Bright Lights And Bruises under his belt, Malinowski declares that new Bedouin Soundclash material should be forthcoming as of fall this year. More importantly though, that friend probably isn't going to deck him any time soon.

"I've been working through things and it's cathartic. Getting it out there is what you do as a writer. You extricate yourself from the past ... and I've stopped looking at life as positive and negative experience. They're just experiences as a whole and serenity is key. You just have to let it happen."

Metro Twitter

Follow Metro Music

• Get all the latest music news, reviews and features by following Metro's music writers across the country on Twitter at @TheMetroMusic.



Photo: Marco Borggreve

Rotterdam

Philharmonic Orchestra

with Yannick Nézet-Séguin

40 years 40 ans
NATIONAL ARTS CENTRE
CENTRE NATIONAL DES ARTS

www.nac-cna.ca
GROUPS 10+ 613-947-7000 x634 | grp@nac-cna.ca

LIVE
RUSH
livemusic.ca

ticketmaster.ca
613-755-1111

FEBRUARY 23, 8 p.m.
NATIONAL ARTS CENTRE
Tickets from \$19

Music

Legacy of AC/DC's Bon Scott lives on

BRIAN TOWIE
for Metro Canada

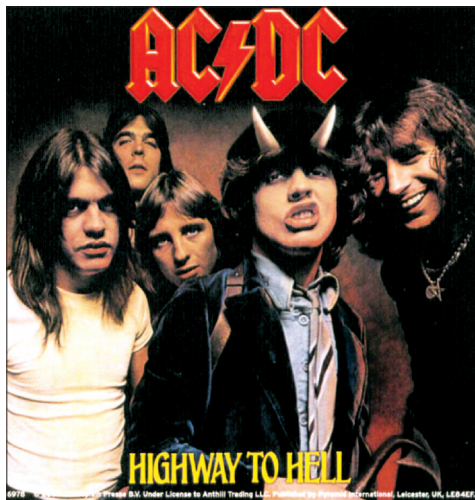
"You can stick your nine to five living and your collar and your tie. You can stick your moral standards cause it's all a dirty tie." Bon Scott knew it, lived it and died by it.

Millions of AC/DC fans will spend this Friday marking the 30th anniversary of Scott's "death by misadventure" as the London coroner pronounced. On Feb. 19, 1980, the Scottish-born singer was found in a car after a night of hard drinking, dead of acute alcohol poisoning at age 33.

Fans around the world have been flocking to Fremantle, Western Australia to pay their respects at his final resting place, reportedly the most visited grave in that country and a national heritage site. For good reason too: If school-uniform clad guitarist Angus Young was the face of AC/DC, then Scott gave the band its cavalier damn-the-rules-and-have-fun ethos, delivered with his trademark bare-chested rock 'n' roll strut.

All the more tragic that Scott's death coincided with AC/DC finally getting the recognition it deserved after years of cult status. Highway To Hell, released in 1979, went platinum seven times over and was the band's first album to break into the U.S. Top 100, catapulting AC/DC to superstardom among the world's top hard rock acts.

The approach stayed the same as ever: Unsophisticated pulse-pounding riffs



Highway To Hell — released the year before the death of Bon Scott — catapulting AC/DC to international superstardom.

accompanied Scott's powerful and at times self-deprecating working man's sensibility and insatiable lechery (Scott roars on track Shot Down In Flames, "She was standing alone over by the jukebox like she'd something to sell. I said, 'Baby, what's the going price?' She told me to go to hell."). Add in classics like Girls Got Rhythm, Touch Too Much and Night Prowler (a favourite among strippers and at least one serial killer, unfortunately) and you've got something instantly resonant with every young red-blooded male just trying to make his way in the world.

Within weeks of Scott's cremation, AC/DC reorganized with new lead singer Brian Johnson, to cut a tribute album to their de-

parted friend. Released in July 1980, Back In Black became the second-highest selling album ever next to Michael Jackson's Thriller, with an estimated 50 million copies sold worldwide to date. In 1997, the band released Bonfire, a tribute box set featuring a collection of unreleased tracks — including a grittier version of If You Want Blood (You Got It) — two live performance discs and a remastered version of keystone album Back In Black.

It truly is a long way to the top, if you wanna rock 'n' roll. Luckily for AC/DC, he played a big part in getting them there.

"I ain't to old to die, but I sure am hard to beat," Bon Scott once declared on track Ride On. Amen to that.



Please join us The Manor Bridal Show

Sunday February 21st, 2010
9:00am to 3:00pm
www.tjscakedesign.com
The Keg Manor
529 Richmond Rd.
Ottawa, ON

Enjoy our intimate atmosphere & unique vendors while collecting ideas & valuable information for your upcoming wedding.
Complimentary admission & door prizes.

Each bride will be entered to win a \$100 Keg Gift Certificate Plus ...

Every groom will be entered to win Senators box seat tickets compliments of Scott Photography!

For more information contact: JulieAnn Johnston 613.818.8075

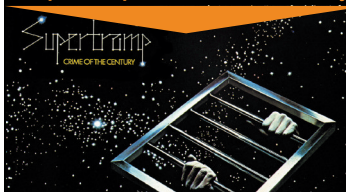
front
centre+

BECOME A MEMBER NOW!

BEST SHOWS! BEST SEATS!
BEST PERKS! BEST PRICES!

THÉÂTRE
CENTREPOINTE
THEATRE

Feb 26
Classic Albums Live
Supertramp - Crime of the Century



Mar 19
Gord Bamford

Feb 27
The Cooper Brothers featuring
Colin Linden and special guest Jonas



Mar 20
Franklin and the Adventures
of the Noble Knights



Mar 24
Michael Bolton



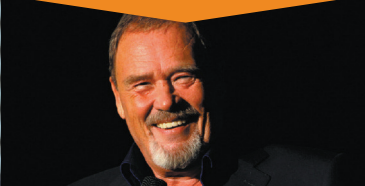
Mar 27
Inti-Illimani
with Francesca Gagnon



Apr 8
Amy Sky, Marc Jordan and Dan Hill

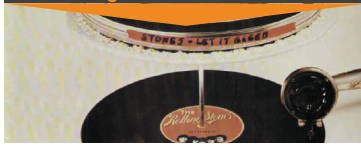


Apr 16
David Clayton-Thomas
with the Ottawa Symphony Orchestra



CENTRE DES ARTS
SHENKMAN
ARTS CENTRE

May 1
Classic Albums Live
Rolling Stones - Let It Bleed



May 8
Aron Lines



LESS THAN FIFTEEN MINUTES FROM DOWNTOWN WITH FREE PARKING!

101 Centrepointe Drive



245 Centrum Boulevard

For tickets and information please visit:
centrepointheatre.com | shenkmanarts.ca | 613.580.2700

metr

CENTREPOINTE
SHENKMAN

Ottawa
THEATRES

His plans are in flux, but Kevin Eubanks says that for now he'll still be with Jay Leno when they return to the Tonight Show, but in a reduced capacity. Eubanks reportedly was going to leave at some point after the show resumes March 1. **PEOPLE.COM**

While my guitar gently weeps

Television

Less Than Kind seeks a kinder audience at HBO

After failing to capture audiences on Citytv, *Less Than Kind* returns for a second season on HBO Canada with showrunner Mark McKinney touting the premium channel as a better fit for the black comedy.

McKinney says a move up the dial grants the Winnipeg-based series greater freedom to push the boundaries than during its limited run on conventional television.

"The show was always conceived to be quite edgy, quite dark and to take a lot of permission with the subject matter, and now that we're on HBO it just fits like a glove," says McKinney, seated next to star Maury Chaykin for a round of media interviews.

"It's kind of where the show belongs, I think, on premium TV. We make use of it, and I don't just mean by cursing and showing

nudity — although there is some of that. It's about the way you can sort of explore a theme."

The serial nature of shows on HBO Canada — home to such daring fare as the polygamy drama *Big Love* and the vampire romance *True Blood* — allows *Less Than Kind* to pursue its long story arcs without fear of losing audiences to surprise schedule changes, McKinney says.

He bemoaned the show's Citytv time-slot — directly after the sensational reality show *The Bachelorette* — as less than kind

Less Than Kind airs on HBO Canada Friday

to the offbeat series, about the trials of an overweight teen and his overbearing Jewish family.

"We sort of caught a bad break at the beginning because the (*Bachelorette*), which was scheduled at 90 minutes ... was this runaway hit last year and they extended the



The cast of *Less Than Kind*

show for two hours," notes the writer/producer.

"And because City was trapped into a simulcast they had to bump us, and so we came back on the dial sometime in mid-March."

"It started to build an audience and then the poor audience didn't know where to find it," adds Chaykin. McKinney says the beauty of premium cable is that schedules are generally a lot more consistent and not as "reactive" as on network TV.

Things for the Blecher clan don't look good as the new season kicks off with the beleaguered Sheldon and his kin standing vigil at the bedside of their dying patriarch, played by Chaykin. McKinney's *Kids in the Hall* pal Dave Foley guest stars as Dr. Sheasgreen, a doctor whose efforts to display his skill at comforting the grieving are frustrated when Sam's health unexpectedly rallies.

Other guests this season include George Wendt from *Cheers* as a biker,

and Henry Czerny of *The Tudors* and *The Boys of St. Vincent* as a love interest for Sheldon's aunt, Clara.

McKinney says the series is already in development for season three and insists the cast is more enamoured with Winnipeg than ever.

"And, God willing, we do season three, it'll be (shot) in a much warmer environment," says Chaykin, referring to the winter shoots that marked the first two seasons. "People are warning us about the giant mosquitoes."

"And the colour of people's skin in shorts come May," added McKinney. "Apparently that's really frightening, when people first put on their shorts, it's like a scene from *Dawn of the Dead*."

Less Than Kind airs on HBO Canada on Friday, followed by the debut of the animated *Ricky Gervais Show* and, later in the evening, the launch of the web spinoff *Funny or Die Presents*.

THE CANADIAN PRESS

Octomom checks out The View

TALK SHOW ABC says octuplets mother Nadya Suleman will make her first appearance as a guest on *The View* next week.

Suleman and her children have been a frequent topic of debate on the weekday talk show, co-hosted by Barbara Walters, Whoopi Goldberg, Joy Behar, Elisabeth Hasselbeck and Sherri Shepherd. She will appear Wednesday on the show.

Widely known as Octomom, Suleman gained international attention last year for giving birth to octuplets, the second full set of octuplets born alive in the United States. She also has six other children. She conceived all her children by in vitro fertilization and she has been criticized for growing this huge family as a single mother on public assistance. The octuplets celebrated their first birthday in January.

THE ASSOCIATED PRESS

JOB CONNECT

71 BANK ST, 5TH FLOOR JOB SEARCH CENTRE (613) 232-0022

JOB FAIR

Tuesday, February 23rd, 2010

1:00-4:00PM

71 Bank Street 5th Floor

St. Lawrence College Job Connect in conjunction with Black History Ottawa would like to invite the general public to our job fair!

For Further Information Please call (613) 232-0022 ext. 1601

Bring copies of your resume with you for the opportunity to speak to employers. We look forward to seeing you there!

EMPLOYMENT ONTARIO
Ontario's employment & training network

St. Lawrence College

Black History Ottawa

This Employment Ontario program is funded by the Ontario government.

what's cooking

kraft foods

TUNE IN
Saturdays at 7p.m.
Repeat Sundays at 6:30p.m.

Citytv



Sweet-and-Spicy Chicken Stir-Fry

PREP TIME: 10 MIN. ► TOTAL TIME: 20 MIN. ► MAKES: 4 SERVINGS

What You Need

1 lb. (450 g) boneless skinless chicken breasts, cut into bite-size pieces
1 Tbsp. oil
3 cups chopped mixed fresh vegetables (red peppers, broccoli, mushrooms)
1 clove garlic, minced

1/4 cup Kraft Calorie-Wise Catalina Dressing

2 Tbsp. hoisin sauce
1 tsp. crushed red pepper

Make it

COOK and stir chicken in hot oil in large skillet on high heat 1 min. Add vegetables and garlic; cook and stir 3 to 5 min.

or until chicken is lightly browned.

ADD remaining ingredients; cook 2 min. or until chicken is done and vegetables are crisp-tender.



THIS WEEK ON THE SHOW — SPEEDY SUPPERS ► whatscookingtv.com

Doherty chose Canada over L.A.

There was no California dreamin' for the family of the late Halifax singer Denny Doherty, who co-founded the 1960s sunshine pop group the Mamas & the Papas.

Emberly Doherty, his daughter, says her mother insisted he leave Los Angeles in the 1970s to escape the local rock 'n' roll party scene that sparked his alcohol addiction.

With that, Denny and Jeanette Doherty raised daughter Emberly and son John away from the spotlight in Halifax, Mis-

sisauga, Ont., and New York.

And Doherty says that saved him.

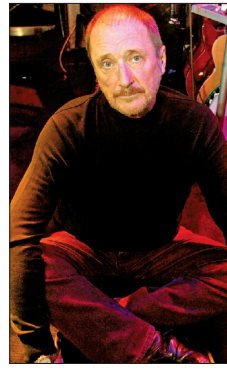
"Thank God he got out of California and got away," Doherty, 28, said of her dad, who is the focus of Sunday's final Great Canadian Biographies instalment on Bravo.

"They say it in the documentary that my mom saved his life. Like, I don't know what would've happened if he had continued down that road. He got out of Dodge."

Here I Am: Denny Doherty and the Mamas & the Papas chronicles the beloved performer's rise from north-end Halifax to the top of the charts with the band that scored hits including California Dreamin' and Monday, Monday.

Doherty, who died in January 2007, is also seen in the doc telling his life story in his off-Broadway show Dream a Little Dream, named after late band member (Mama) Cass Elliot's first solo single.

THE CANADIAN PRESS



Denny Doherty

OT	Vu SC C	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00
219/10	265 353 2 TVO	Feast India	Feast India	Agenda With Steve Paikin	Heartbeat	A. Gregg	Film 101	Agenda-Paikin		
	211 331 3 GTV	Entertainment	ET Canada	House "Teamwork"	Shark Tank	NUMB3RS (HDTV)	News Hour	News Hour		
	209 342 6 CHRO	TMZ (N)	Access H.	Ghost Whisperer	Medium (HDTV)	The Mentalist (HDTV)	Comedy Now	Comedy Now		
primetime	196 311 7 CTW	(6) XXI Winter Olympics Figure Skating, Skeleton, Medal Ceremonies	Figure Skating, Skeleton, Medal Ceremonies	Figure Skating, Skeleton, Medal Ceremonies	Figure Skating, Skeleton, Medal Ceremonies	(Live)				
	208 303 8 CBC	Wheel Fortune Jeopardy! (N)	Wheel Fortune Jeopardy! (N)	XXI Winter Olympics Figure Skating, Skeleton, Skiing, Ski Jumping	XXI Winter Olympics Figure Skating, Skeleton, Skiing, Ski Jumping	(HDTV) (Live)				
	- 360 9 NBC	Wheel Fortune Jeopardy! (N)	Wheel Fortune Jeopardy! (N)	XXI Winter Olympics Figure Skating, Skeleton, Skiing, Ski Jumping	XXI Winter Olympics Figure Skating, Skeleton, Skiing, Ski Jumping	(HDTV) (Live)				
	- 362 13 CBS	The Insider	Ghost Whisperer	Medium (HDTV)	NUMB3RS (HDTV)				Two/Half Men	
	216 395 14 OMN2	Family Guy The Simpsons	Black-Canada Spirit of Art	Dr. Joseph Wong	XXI Winter Olympics Curling, (Live)					
	214 344 15 CITY	Murdoch Mysteries (HDTV)	Glenn Martin	Man Tracker (DVS)	Dark Blue				News	
	218 345 18 CHCH	Dude, Where's My Car? * (2000, Comedy)	Ashton Kutcher	The Blues Brothers *** (1980, Musical Comedy)					News at 11	
	- 361 20 ABC	Action News	Meet the Fockers ** (2004, Comedy)		20/20 (HDTV) (N)				News	
	- 365 36 FOX	TMZ (N)	Seinfeld	House "Teamwork"	Kitchen Nightmares	FOX 2 News (N)			News	
	500 500 33 CNN	Situation Room-Wolf Blitzer	Campbell Brown (N)	Larry King Live (N)	Anderson Cooper 360 (HDTV)					
sports	406 417 27 net	(6) XXI Winter Olympics Cross Country Skiing, Hockey, Curling, (HDTV) (Live)								
	126 730 28 RDI	24 Heures en 60 minutes	Les Grands reportages	Le Téléjournal (SC)					RDI économie	Le National
	400 280 30 TSN	(6) XXI Winter Olympics Curling, Figure Skating, Skiing, Ski Jumping, (HDTV) (Live)							Le Téléjournal	
family	554 544 48 TEL	Batman: Brave	Justice	Futurama	King of Hill	Helloboy: Sword of Storms (2006)				
	557 540 51 FAM	Sonny Chance	My Dog Skip *** (2000, Drama)	Star Wars Clo.	9:05 Cadet Kelly ** (2002)	(10:45) Class President				
	551 542 65 YTV	To Be Indie	To Be Indie	The Next Star	That's-Weird	Fries That?	Prank Patrol	Prank Patrol	Prank Patrol	
	615 520 31 A&E	Criminal Minds (HDTV)	Criminal Minds "Jones"	Criminal Minds (HDTV)	Criminal Minds (HDTV)	Criminal Minds (HDTV)	Criminal	Criminal	Criminal	
	628 584 32 SPKE	CSI: Crime Scene Investgtn.	UFC Fight Night	Odyssey and the Isle of the Mists (2008, Fantasy)	Kenny vs. Kenny-Spenny	Best of PRIDE Fighting	Ways to Die	Ways to Die	Ways to Die	
	616 521 39 SHO	Relic Hunter	Relic Hunter	Man vs. Wild	JFK: Inside the Target Car	Daily Planet	1 girl 5 gays	1 girl 5 gays	1 girl 5 gays	
	520 505 42 DIS	Daily Planet (N)	Cribs	Cribs	MTV Live	Taking, Stage	16 and Pregnant	16 and Pregnant	16 and Pregnant	
	581 566 53 MTV	Cribs	Cribs	Nostradamus Effect	Sahara ** (2005, Adventure)	Matthew McConaughey, Steve Zahn.				
	522 506 55 HIS	Ancients Behaving Badly	Nostradamus Effect	The Wild Chef	Bobby Flay	Diner, Drive-In	Diner, Drive-In	Diner, Drive-In	Diner, Drive-In	
	603 561 95 FN	Ricardo	Eat, Shrink	Chef Abroad						

OT	Vu SC C	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00
220/10	265 353 2 TVO	Big Easy Animal Rescue	Malcolm X *** (1992, Biography)	Denzel Washington, Angela Bassett	Albert Hall. (DVS)					
	211 331 3 GTV	Focus Ontario	The Last Trimester (2006, Suspense)	Chandra West.	Love-Death	G-Spot	News Hour	News Hour		
	209 342 6 CHRO	The Road to Avonlea	Sub Zero (2005, Suspense)	Costas Mandylor. (DVS)	Stargate Atlantis	Bravo/FACT				
primetime	196 311 7 CTW	(6) XXI Winter Olympics Speed Skating, Bobsledding, Short Track Speed Skating, Medal Ceremonies. (Live)								
	208 303 8 CBC	NBA Basketball Washington Wizards at Toronto Raptors.	Coach Carter *** (2005, Drama), Rob Brown							
	- 360 9 NBC	Paid Program	XXI Winter Olympics Speed Skating, Bobsled, Sking, (HDTV) (Live)							
	- 362 13 CBS	Paid Program	NUMB3RS (HDTV)	48 Hours Mystery	48 Hours Mystery (N)	CSI: NY				
	216 395 14 OMN2	On Her Majesty's Service	Cantonese New Year Special	XXI Winter Olympics Short Track Speed Skating, Freestyle Sking. (Live)						
	214 344 15 CITY	Cooking	Most Amazing	On the Nose ** (2001, Comedy), Dan Aykroyd (DVS)						
	218 345 18 CHCH	Grease *** (1978, Musical) John Travolta.	Harry Potter and the Prisoner of Azkaban *** (2004, Fantasy) Daniel Radcliffe.	Smoking and the Bandit *** (1977, Comedy), Sally Field						
	- 361 20 ABC	Entertainment Tonight	Cops (N)	Cops	America's Most Wanted	FOX2 News at 10:00pm (N)				
	- 365 36 FOX	Bernie Mac	Campbell Brown	Larry King Live	Newsroom					
	500 500 33 CNN	Newsroom	Campbell Brown	Larry King Live	Newsroom					
sports	406 417 27 net	(6) XXI Winter Olympics Hockey, Curling, Speed Skating, (HDTV) (Live)								
	126 730 28 RDI	Journal	109 (SC)	Découverte (SC)	Le Téléjournal	Les Grands reportages	Tellement	Le Téléjournal		
	400 280 30 TSN	(6) XXI Winter Olympics Curling, Sking, Short track Speed Skating, Hockey, (HDTV) (Live)								
family	554 544 48 TEL	Dennis the Menace ** (1993, Comedy)	Suite Life	Han. Montana	Futurama	King of Hill	Chicken	Venture Bros.	Moral Ore!	
	557 540 51 FAM	Suite/Deck	Zoe 101	The Next Star	The Mighty *** (1998, Drama)	(10:40) City Slickers				
	551 542 65 YTV	Zeke's Pad	Prank Patrol	The Next Star	That's-Weird	Prank Patrol	Survive This	Ghost	Adrenaline	
	615 520 31 A&E	CSI: Miami (HDTV)	The Green Mile *** (1999, Drama)	(HDTV) Tom Hanks, David Morse.	The Hills Have Eyes 2 * (2007, Horror) Michael McMillan.					
	628 584 32 SPKE	The Hills Have Eyes ** (2006, Horror) Aaron Stanford, Vinessa Shaw.	The Unquiet (2007, Suspense) Cara Buono.	Resident Evil: Extinction (2007, Horror)						
	616 521 39 SHO	Slings and Arrows	Destroyed	Destroyed	Dirty Jobs	Verminators (N)	Ghost Lab (N)	Ghost Lab (N)	Ghost Lab (N)	
	520 505 42 DIS	Cash Cab (N)	Cash Cab	Canada's Next Top Model	Canada's Next Top Model	Canada's Next Top Model	Canada-Model	Canada-Model	Canada-Model	
	581 566 53 MTV	Cribs	Cribs	Cities of the Underworld	Men of Honor *** (2000, Drama)	Robert De Niro, Charlize Theron.				
	522 506 55 HIS	Nostradamus Effect	Glutton	River Cottage Treatment	Chopped	Top Chef Masters	Hell's Kitchen	Hell's Kitchen	Hell's Kitchen	
	603 561 95 FN	Glutton	Chef Abroad							

OT	Vu SC C	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00
221/10	265 353 2 TVO	Monarchy	Born to Be Different (N)	Britz "Nasima" (Part 2 of 2)						
	211 331 3 GTV	16:9-Picture Family	The Simpsons	Cleveland	Family Guy	American Dad	(10:01) Brothers & Sisters	News Hour	News Hour	
	209 342 6 CHRO	Cold Case (HDTV) (N)	The Amazing Race 16	Desperate Housewives	Desperate Housewives	(10:01) Undercover Boss		In Fashion	In Fashion	
primetime	196 311 7 CTW	(6:05) XXI Winter Olympics Bobsledding, Speed Skating, Hockey, Figure Skating, Medal Ceremonies. (Live)								
	208 303 8 CBC	Heartland (DVS)	Saint Ralph *** (2004, Comedy-Drama)							
	- 360 9 NBC	XXI Winter Olympics Figure Skating, Speed Skating, Freestyle Sking, Bobsled. (HDTV) (Live)								
	- 362 13 CBS	60 Minutes (HDTV) (N)	The Amazing Race 16	Undercover Boss (N)	Cold Case (HDTV) (N)					
	216 395 14 OMN2	New Year	XXI Winter Olympics Hockey, Speed Skating, Freestyle Sking. (Live)							
	214 344 15 CITY	Survivorman (DVS)	Extreme Makeover: Home	Murdoch Mysteries (HDTV) (DVS)						
	218 345 18 CHCH	Miss Congeniality ** (2000, Comedy) Sandra Bullock.	Beverly Hills Cop *** (1984, Comedy-Drama)							
	- 361 20 ABC	Amer. Funniest Home Videos	Extreme Makeover: Home	Desperate Housewives	(10:01) Brothers & Sisters					
	- 365 36 FOX	Til Death (N)	Til Death (N)	The Simpsons	Cleveland	Family Guy	American Dad	FOX2 News at 10:00pm (N)	Sportsworks	
	500 500 33 CNN	Newsroom	State of the Union	Larry King Live	Newsroom					
sports	406 417 27 net	(6) XXI Winter Olympics Speed Skating, Figure Skating, Biathlon. (HDTV) (Live)								
	126 730 28 RDI	Journal	Humana	Une heure sur Terre (SC)	Le Téléjournal	Les Coulisses du pouvoir	Regard	Le Téléjournal		
	400 280 30 TSN	(6) XXI Winter Olympics Curling, Speed Skating, Sking, (HDTV) (Live)								
family	554 544 48 TEL	Stoked	Majority Rules	16TEEN	Futurama	King of Hill	Chicken	Futurama	Tripping-Rift	
	557 540 51 FAM	Suite/Deck	Zoe 101	Suite Life	Han. Montana	City Slickers II: The Legend of Curly's Gold (1994)				
	551 542 65 YTV	(6) King of the Camp	The Next Star	Criminal Minds (HDTV)	Fries That?	Survive This	Ghost	Adrenaline	Adrenaline	
	615 520 31 A&E	CSI: Miami "Burned"	Criminal Minds (HDTV)	Criminal Minds (HDTV)	Criminal Minds (HDTV)	Criminal Minds "Doubt"	Criminal	Criminal	Criminal	
	628 584 32 SPKE	DEA "Up the Ladder" (HDTV)	DEA "Deep Cover" (HDTV)	DEA (HDTV)	Entourage	Entourage	Entourage	Entourage	Entourage	
	616 521 39 SHO	Crash & Burn (HDTV)	The Perfect Assistant (2008, Drama)	Rachel Hunter.	Damages (HDTV) (N)					
	520 505 42 DIS	MythBusters	Storm Chasers Greatest Storms	Exciting tornado chases.	MythBusters					
	581 566 53 MTV	Canada's Next Top Model	Canada's Next Top Model	Canada's Next Top Model	Cribs	Cribs	1 girl 5 gays	1 girl 5 gays	1 girl 5 gays	
	522 506 55 HIS	Ancient Discoveries	Convoy: War of the Atlantic	U-571 ** (2000, Suspense) Matthew McConaughey, Bill Paxton.						
	603 561 95 FN	Challenge	Jamie's Chef	Iron Chef America	Dinner: Impossible					

CLUB METRO WEEKLY OFFERS



WESTJET DELTA
CHelsea
DOWNTOWN TORONTO

YOU COULD WIN TICKETS & A MEET & GREET

TO SEE ALICIA KEYS IN TORONTO!



YOU COULD WIN A TRIP FOR 2 TO NEW YORK CITY TO SEE THE PREMIERE OF COP OUT!



YOU COULD WIN AIRFARE FOR 2 TO A FANTASTIC CITY IN CANADA

visit clubmetro.com and enter for your chance to WIN!

To register and for full contest details visit clubmetro.com



32 movies&entertainment

Gilmore movie adaptation

Alexis Bledel has a lot on her plate, but Gilmore Girl fans will be happy to hear that she won't rule out a movie adaptation. "I don't know what the story would be, but I would be curious to find out what it would be," she said. POPEATER.COM

Going Out

Mix of Six

The films of Kevin Jerome Everson

When: Friday, 7:30 p.m.
Where: Club SAW

A free event featuring Virginia-based filmmaker Kevin Jerome Everson for an evening of his films and an afternoon artist talk.

Mrs. Dexter and Her Daily

When: Until March 6

Where: National Arts Centre
This story focuses on Mrs. Dexter and her maid Peggy, who must part ways after Mrs. Dexter's divorce. As the women reflect on their lives we are privy to their journey, their losses, and their laughter.

Happy 40th Birthday, NAC Orchestra!

When: Saturday
Where: National Arts Centre
Actor and comedian Eugene Levy joins the NAC's principal youth and family

conductor Boris Brott, the NAC birthday choir and special guests.

Animation Festival Favourites

When: Saturday, 7 p.m.
Where: The Library and Archives of Canada
If you missed the Ottawa International Animation Festival last October, you can catch a screening of the festival's best this Saturday. Tickets are \$6 and \$10.

The Winterman Marathon

When: Sunday
Where: Canadian War Museum
There's still time to register for the Winterman, now in its second year.

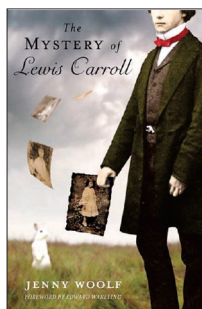
Sock Donation Day

When: Sunday
Where: Ottawa Civic Centre
Ottawa 67's fans heading to the game are asked to bring along a donation of new men's winter socks to help the homeless.

Metro's 7th Heaven: Metro taps what's hot right now

1 The Mystery of Lewis Carroll: Jenny Woolf

BOOK Prepare for the rabbit hole (Tim Burton's film version of Alice in Wonderland's out March 5) with this new biography of the famed author. British journalist Jenny Woolf's chronicle digs deep into some of the rumours that have surrounded the writer over the years: Was he apedophile? Was his most enduring character based on Alice Liddle?



2 Hotdocslibrary.ca

WEBSITE Fans of Canadian documentaries can now get their fill online. The Hot Docs documentary film festival is making hundreds of titles available for viewing at hotdocslibrary.ca. The library offers free access to films by some of the country's leading directors, including Jennifer Baichwal, Allan King, Avi Lewis and John Haslett Cuff.

3 The Damned United

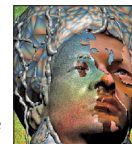
DVD Soccer fan or not, this was arguably the best sports film — yes, not The Blind Side — released in 2009. British thespian Michael Sheen is on the ball with his portrayal of legendary soccer manager Brian Clough, who made a living out of transforming minor clubs to league champs only to fall flat during his short tenure with '70s powerhouse Leeds United. Too bad Oscar didn't come calling.

4 Leonard Cohen

MUSICIAN OK, some credit goes to K.D. Lang for her haunting rendition of the singer-songwriter's Hallelujah at the Olympics opening ceremony. But the fact that the song was one of the highlights of a night not short of spectacle speaks volumes for Cohen's enduring influence.

5 Odd Blood: Yeasayer

ALBUM Brooklyn's where it's at. Like their burrough peers TV On The Radio and The Dirty Projectors, the New York City trio play hard at being avant-garde pop stars. The band's second album is as much a curve ball as their debut, but tracks like Ambling Alp might just land them on the charts.



6 Heavy Rain

GAME If experts are to be believed, this title will revolutionize the world of video games. The noirish PlayStation3 thriller takes interactivity to cinematic heights. Shave, shower, bribe people, beat the hell out of someone — there are plenty of options at any given time, which ultimately affects the outcome of the game.

7 Shutter Island

FILM Master filmmaker Martin Scorsese returns to Cape Fear territory with this psychological thriller based on a Dennis Lehane novel. Will it reach the heights of Oscar-winning The Departed? Probably not, but Marty and his muse, Leonardo DiCaprio, still pile on the dread.

Looking for Something
Meaningful?

Teach in Costa Rica with our
New Costa Rican Practicum Program

Costa Rica TESOL Program
Starts March 29th



Free Teach Abroad Seminar this
Tuesday Feb. 23rd, @ 7 pm

41 York Street 562-8370

Teach in: Costa Rica, Japan, Mexico,
Brazil, Kenya, Spain, Colombia,
Peru, Egypt, China, Poland, etc...

unitedtesol.com

Say Goodbye
To Dieting...
FOREVER!



Nancy C.
Actual Slimband® Patient

Losing weight with Slimband® is easy. Nancy lost over **50 lbs** and kept it off for over three years! Visit us online to find out how you can start your own success story.

Slimband®
SLIMBAND.COM



CROSSTOWN
TRAFFIC

BOOKS
PIPES
DVDs



2 LOCATIONS:

593 Bank St.
in the Glebe
613-234-1210

396 Athlone Ave.
in Westboro
613-728-4800

Rowling facing lawsuit

Harry Potter author J.K. Rowling has been added to the 2004 suit against her British publisher Bloomsbury, which claims Rowling stole the idea for the fourth book in the series, *eonline.com* reports. **POPEATER.COM**

**Entertainment**

Oscar scales back music moments

Some of Oscar's most memorable moments have come during performances of nominated songs.

Among them: rap group Three 6 Mafia surrounded by streetwalkers as they performed 'It's Hard Out Here for a Pimp' from *Hustle & Flow* in 2006, and Celine Dion's resplendent performance of the Titanic hit, 'My Heart Will Go On', in 1998.

Don't expect such musical moments at the 82nd Academy Awards.

The artists behind the year's five nominated songs will not perform during the Oscar telecast. Instead, the songs will be showcased with clips from the films that featured them, "which is how most nominated achievements are featured within the show," Academy of Motion

Picture Arts and Sciences spokeswoman Leslie Unger said Wednesday.

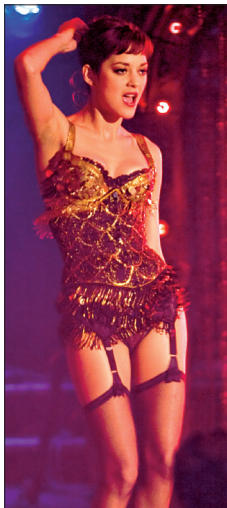
That means Randy Newman won't get to take the stage for his two nominated tunes, 'Almost There' and 'Down in New Orleans' from *The Princess and the Frog*.

Marion Cotillard won't reprise her sexy, heart-wrenching performance of 'Take It All', written by Maury Yeston for *Nine*. Reinhardt Wagner and Frank Thomas can't bring their *Loin de Paname* from Paris 36 to life.

And 'The Weary Kind' (Theme from *Crazy Heart*) won't be performed by *Crazy Heart* star Jeff Bridges or its writers Ryan Bingham and T Bone Burnett.

"We haven't been invited," Bingham said, seeming a bit surprised.

THE ASSOCIATED PRESS



Marion Cotillard won't be reprising her sexy 'Take It All' performance from *Nine* at the 82nd Academy Awards.

Our delectable Winter Menu will thaw you out.



Well, at least your tongue, anyway.

Wednesday Night East Coast Kitchen Party.

\$4.99
(20 oz.)
Keith's IPA
and Keith's Red
3 litre table keg
to share
\$19.99



Double pints.
5 p.m. to close
Live music.
Every Thursday.
Friday nights are going to be so jealous.

\$10.49
Double pints
\$5.49
20 oz. pints
Live acoustic music

2 Pint Fridays
4 p.m. to 6 p.m.

Yes, the most beautiful thing in the world is Irish math.



2 pints of beer for \$9.99
Guinness® Harp® Kilkenny® or Smithwicks®

Please visit darcymcgees.com to find your local pub.

Prices may vary by location. Darcy McGee's is a registered trademark of PRC. Trademarks Inc. Used under license. © 2010 Prime Restaurants of Canada Inc.

ADVERTISING FEATURE



www.recyclefrog.com World Exchange Plaza 613-695-1236

Selling Your Gold Jewellery... But at What Cost?

As consumers, we're used to paying a price for 'convenience'. Buying tickets online or picking up a litre of milk at the corner store, we know there's usually a cost for convenience. But would you buy all your groceries at the corner store just because it was convenient? Not likely. So using that same logic, you wouldn't walk into just any old place and sell your old, unwanted gold and silver jewellery, would you?

Just turn on the TV or walk down the street and you're sure to be bombarded by companies offering to "TURN YOUR GOLD INTO CASH!" Amazingly, they all claim to pay "TOP DOLLAR" for your items. But for all their cheesy lines and flashy commercials, these "cash for gold" companies are right about one thing, the skyrocketing price of gold has people wondering how much their jewellery is worth.

With gold breaching \$1,100US, there's undoubtedly a new generation of middle and upper-middle-class consumers looking for an intelligent alternative to 'pawnshop-style' companies. But not at the expense of 'perceived' convenience.

Recycle Frog is an Ottawa-based precious metals recycling company, comprised primarily of ex-Royal Canadian Mint employees. With offices in the World Exchange Plaza, their business is built on providing a new way to sell old, unwanted gold and silver jewellery without fear of being financially penalized.

"Convenience doesn't have to come at a cost. We know that today's more sophisticated consumer expects to be treated with respect while receiving the highest possible payout," said Matthew MacQuarrie, president of Recycle Frog. "So we give them a simple, secure and financially rewarding way to sell their material and feel good about the transaction every step of the way."

In fact, Recycle Frog's customers appreciate the way they're treated from the first time they call, right through to the friendly face they see sitting across from them during their expert material evaluation. It's that familiar and professional experience that really sets Recycle Frog apart from their so called 'competition'.

"It's all about respect and trust," said MacQuarrie. "We know we need to earn our customer's trust before we can win their business. So we work very hard to put people at ease by giving them every opportunity to ask questions about the process, how gold values are calculated and, ultimately, how we determine our payout offer."

Attracting a new type of consumer required the creation of a new business model built on integrity, transparency and convenience. So that's exactly what they did. Instead of penalizing their customers, Recycle Frog provides a convenient and financially rewarding way for consumers to sell their old gold and silver with payouts consistently 15-20% higher than the industry average.

So if you've ever wondered how much that old or broken gold jewellery is worth, there's one thing for certain, it's never been worth more.

For more information on Recycle Frog or to schedule an in-person evaluation, visit www.recyclefrog.com or call 613-695-1236.



Recycle Frog's President Matthew MacQuarrie looks over some of the items from a recent UnitedWay Gold Drive fundraising event.

34 movies&entertainment

In what may be the happiest story of the month so far, West Coast Choppers bad boy Jesse James has found his dog CinnaBun, who went missing three weeks ago. The West Coast Choppers Web site declares "CinnaBun Is Found!!!" **METRO NEWS SERVICES**

Celebrity Buzz

He's been a very bad boy

WELL, AT LEAST SARAH AND HER DAUGHTER THINK SO Bristol Palin apparently thinks her baby daddy, Levi Johnston, is a big fat liar ... and she's subpoenaing CNN and Playgirl to prove it, TMZ reports.

The lawyer for Sarah Palin's daughter is scoffing at legal documents filed by Levi's lawyer — documents claiming Levi made but a pittance over the last few years, and should not have to pay

\$1,688.42 a month in child support — which is what Bristol wants.

Levi says the best he's done in the income department so far is last year — claiming he made approximately \$101,000.

TMZ reports that Palin's not buying it, because her lawyer issued subpoenas today to CNN, Playgirl, Entertainment Tonight, The Insider, Star Magazine, and National Enquirer.

METRO NEWS SERVICES



From the mouth of babes

THE TRUTH HURTS LIKE A NEEDLE IN THE ARM Courtney Love claims her estranged daughter has no confidence in her comeback, femalefirst.co.uk reports.

The 45-year-old rocker is about to return to the music scene with new album Nobody's Daughter but received very little support from 17-year-old Frances Bean, who she lost custody of in December.

"One time, Frances was being mean and said, 'What are you going to do if the record fails?'" Love,

the widow of Nirvana frontman Kurt Cobain, told Spin magazine.

"Well, Frances, it can't fail because I love it, and I've worked really hard to make sure that I love it."

Love is currently embroiled in a custody battle over Frances, who is living with her grandmother

Wendy O'Connor and Cobain's sister Kimberly Dawn Cobain after Frances took out a restraining order against her mother.

Love — who has previously battled drug problems — admits the ongoing case and her estrangement from her daughter are both taking their toll on her.

METRO NEWS SERVICES



Follow these celebrities on Twitter...

CelebTweets

Don't worry guys, **KRISTIN CAVALLARI**'s OK and not on drugs, **NICOLE "SNOOKI" POLIZZI** — the next American guidette is in London? **LINDSAY LOHAN**'s ignoring real life and her dad Michael tries to save her (but that's nothing new), and **SPENCER PRATT**'s new yoga practice has some unintended side effects.

@KristinCav: To all my fans: PLEASE don't believe what u read and hear this wk. Its NOT true!!! I am happy and HEALTHY
@Snooki: Just did an interview for the uk and let me tell ya I friggin love their accents! Ellow my british gweedows
@lindsaylohan: ignoring real world issues/reality
@MichaelJLohan: @LindsayLohan... need to have a serious PRIVATE talk...

@spencerpratt: I have proven that KUNDALINI YOGA taps your Feminine power in your body because I find myself crying now at least once a day/tweet?

METRO WORLD NEWS



Hot Foursquare Mayor Deals

👑 1 for 1 Pizza : Free Slice & drink on your 10th checkin!

👑 Mercury Lounge: Mayor gets in free!

Check in to places with Foursquare to earn points.

Check in to a place more than anyone else to become Mayor. Reap the rewards.

NOT A FOURSQUARE MEMBER YET?

Go to foursquare.com or download the free app on your iPhone.



ARE YOU A BUSINESS OFFERING A MAYOR DEAL?
LET US KNOW AT MAYORDEALS@METRONWS.CA

It's all about the music, baby

OH, AND THE SEX AND DRUGS, OF COURSE The soap opera starring Steven Tyler and Joe Perry just keeps getting more convoluted, popeater.com reports.

Aerosmith — the whole band — has been tapped to headline the Download

Festival in June, even though recent news reports suggested the iconic rock group was moving on without their troubled lead singer.

In a statement on the festival's site, Tyler said, "In the early days of

Aerosmith we were infected with the vibe coming out of the UK with the Yardbirds, Blues Breakers, Pretty Things and the Stones and we wanted what they had bad. So baby, we're coming home. Rock & Roll can be pure sex and we can't wait to Download ..."

METRO NEWS SERVICES



Can you feel the love tonight?

THEY SURE DID Elton John slept with David Furnish after their first date, femalefirst.co.uk reports.

The singer — who wed the Canadian filmmaker in December 2005 — was smitten with his future spouse the first time they

met and took him out for dinner the next day and afterwards they spent the night together.

"I was attracted to David immediately. He was very

well dressed, very shy. The next night we had dinner," he said.

"We fell in love very quickly."

METRO NEWS SERVICES



Are you, or is someone you know, new to Ottawa?

The NIC can help make settling here easier. We provide information related to jobs, housing, education, training and much more for newcomers to Canada.



NIC+INA
NEWCOMER INFORMATION CENTRE
INFOCENTRE DU NOUVEL ARRIVANT
A World of Opportunity
Tout un univers à découvrir

240 Catherine Street, Suite 308
613-238-5462
www.nic-ina.ca

Funded by



Citizenship and Immigration Canada

Citoyenneté et Immigration Canada

YOU COULD WIN 1 OF 5 3GS iPhones

(Already got one? Be a hero & give it to your BFF!)

For your chance to WIN, follow "Metro News" on Foursquare and unlock the Metro badge by checking in every morning near where you pickup your Metro.

New to Foursquare?

Join for free at foursquare.com or on your mobile at m.foursquare.com or by downloading the iPhone app in the App Store.

Foursquare lets you share your location with friends and rewards you for exploring your city! Users earn points, win mayorships and unlock badges for trying new places and revisiting old favourites.



No purchase necessary. Contest open to Canadian residents of legal age. Contest closes February 28, 2010 at 11:59pm. Odds of winning depend on number of entries received. Winners will be randomly chosen from people who have unlocked the badge. Value of prize is \$699 each. For full contest rules and details, visit www.clubmetro.com.



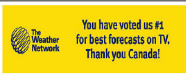
WEEKLY REWARDS

THE CRAZIES
FEAR THY NEIGHBOR

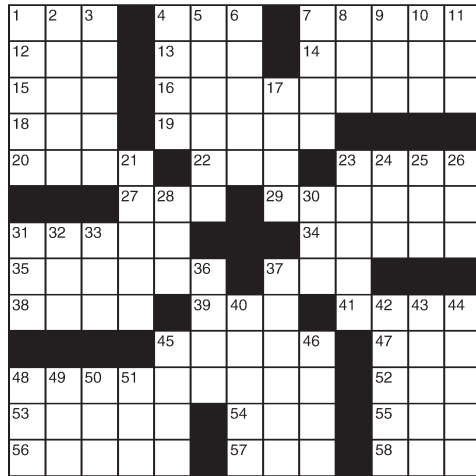
YOU COULD WIN A PAIR OF PASSES TO THE ADVANCE SCREENING OF **THE CRAZIES!**
IN THEATRES FEBRUARY 26

Visit **clubmetro.com** to redeem your rewards!

To register and for full contest details visit clubmetro.com

For more delicious Metro recipes, visit: metronews.ca/food

Take Five



ACROSS

1 Priestly robe
4 Uncooked
7 Refuse to, quaintly
12 Up to
13 Blond shade
14 Eagle's nest
15 Sapporo sash
16 Hoard
18 Chaps
19 "1984" laborer
20 Letter opener's creation
22 Mimic
23 "—
Misbehavin' "
27 Attention-getting cry
29 Lots
31 External
34 Battery inventor
35 Easy-to-build house
37 Scratch
38 Coloration
39 Honest politician
41 Redact
45 Boutique
47 Away from

DOWN

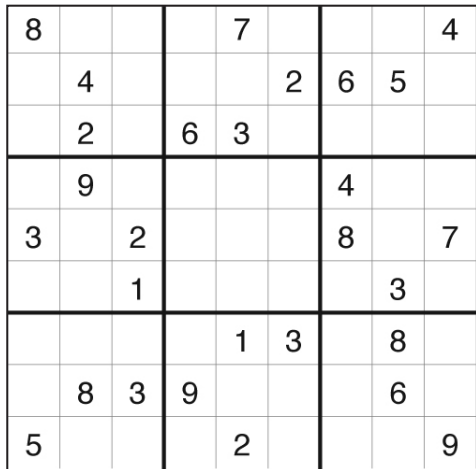
1 Fermi's bits
2 Written slander
3 Filled, folded pancakes
4 Grate
5 Off course
6 Jubilant yell
7 Benefit
8 With it, once
9 Onassis, familiarly
10 Zero
11 Ball-bearing item
17 Chanteuse
Laine
21 Robbery
23 Worship
24 Under the

weather
25 Bottom line
26 Airport screeners' org.
28 Detergent brand
30 Eventual aves
31 Make up your mind
32 Swiss canton
33 Sawbuck
36 Dog owner's ordeal
37 Dry red wine
40 Times of prosperity
42 Believer of a sort
43 Draw a conclusion
44 Irritable
45 "SNL" segment
46 It long eluded Lucci
48 — Lanka
49 Youngster
50 Rhyming tribute
51 USSR successor

Sudoku

For more/less challenging Sudoku puzzles, visit metronews.ca

HOW TO PLAY: Digits 1 through 9 will appear once in each zone — one zone is an outlined 3x3 grid within the larger puzzle grid. There are nine zones in the puzzle. Do not enter a digit into a box if it already appears elsewhere in the same zone, row across or column down the entire puzzle.



PREVIOUS DAY'S CROSSWORD AND SUDOKU ANSWERS:



On the web

For more games and 60 additional daily cartoon strips, visit metronews.ca

Metro Recipe of the Day



Orange-blossom Lamb

INGREDIENTS:

8 lamb chops
2 tbsp (25 ml) butter
1 can orange juice concentrate, thawed
1 medium onion, sliced
2 tsp (10 ml) soy sauce
1 tsp (5 ml) salt
Dash pepper

METHOD:

1) In large skillet, brown lamb chops in butter over medium heat. Add

remaining ingredients and mix well.

2) Reduce heat; cover and simmer 20-25 minutes or until meat is tender, turning once. To serve, spoon sauce over lamb.

SERVES 4

rd.ca

For nutritional information on this and other great recipes, go to rd.ca or check out Key Ingredients in this month's Reader's Digest, on newsstands now!

Horoscopes by Sally Brompton sallybrompton.comFor Sally's expanded daily and weekend horoscopes, visit metronews.ca

ARIES

MARCH 21-APRIL 20

Something will not work out the way you expected today but there is no need to panic because in the short-term it does not matter.

LIBRA

SEPT 23-OCT 23

The reason a loved one is acting a little bit cold towards you at the moment is because you said or did something they do not approve of.

TAURUS

APRIL 21-MAY 21

Something will happen over the next day or two that encourages you to reconsider a belief or opinion that you have never had cause to question before.

SCORPIO

OCT 24-NOV 22

You have been working too hard of late and need to go easier on yourself over the next few days.

GEMINI

MAY 22-JUNE 21

You don't need anyone's approval to follow a course of action that is right for you both financially and emotionally.

SAGITTARIUS

NOV 23-DEC 21

You have allowed too many people to get away with too many things in recent weeks and now you have no option but to reassert your authority.

CANCER

JUNE 22-JULY 22

You may be well organized but not everyone is as in control of their lives as you are, so make allowances.

CAPRICORN

DEC 22-JAN 20

Some of the people you will have to deal with today don't know how to think logically or act in predictable ways, and there's not much you can do.

LEO

JULY 23-AUG 23

Everything will go well for you today so long as you don't get distracted by things that are of no real importance. Don't waste time on trivialities.

AQUARIUS

JAN 21-FEB 18

Do something out of the ordinary today. Do something that even by your madcap Aquarius standards is a little bit over the top.

VIRGO

AUG 24-SEPT 22

If someone offers you their help today you should think long and hard before you accept.

PISCES

FEB 19-MARCH 20

If you are having doubts about a commitment that only a short while ago you thought was going to be the making of you then pull out while you still can.

HAKIM OPTICAL Start the New Year with a Fresh New Look!

FREE OR FREE LENSES With purchase of any frame in the store.

2nd PAIR Single vision, Bifocal or Invisible Bifocal.

PLUS! You can share your Free 2nd pair with someone you love!

Over 150 Discount Outlets... 110 One Hour In-Store Labs

For nearest location call: 1-877-524-2020 • www.hakimoptical.ca

This day in history

1846: In Austin, Texas, the newly-formed Texas state government is officially installed. The Republic of Texas government officially transfers power to the State of Texas government following Texas' annexation by the United States.

1847: The first group of rescuers reaches the Donner Party.

1942: Second World War: nearly 250 Japanese warplanes attack the northern Australian city of Darwin killing 243 people.

1945: Second World War: Battle of Iwo Jima — about 30,000 United States Marines land on Iwo Jima.

1985: Artificial heart recipient William J. Schroeder becomes the first such patient to leave hospital.

METRO NEWS SERVICES

FLIGHT CENTRE Unbeatable

Africa Safaris
Buy One Get One
FREE

Book select Africa trips before March 31, 2010 for travel from September 1, 2010 onward to receive an additional connecting safari for FREE!

1 866 720 4853 | flightcentre.ca

Conditions apply. Offer valid on select On the Go Africa trips purchased before March 31, 2010 for travel from September 1, 2010 onward to receive the free additional connecting safari. Local payment still applies on both tours. Offer is valid for select tours only and subject to availability. Call your local Flight Centre Travel Consultant for more details. Head office address: 1 Dundas St W Suite 200, Toronto, ON. Call for retail locations. ONT. REG #4671384



Ottawa
Merivale Place
1651 Merivale Rd.
(613) 224-3827
The Shops of Main Street
1261 Main St.
(613) 836-0976
Southgate
2515 Bank St.
(613) 739-4775
11 Selkirk St.
(613) 745-6300
McKellar Plaza
1867 Carling Ave.
(613) 729-0425
256-363 Bank St.
(613) 594-4555
Hunt Club Centre
3320 McCulloch Rd.
(613) 523-2474
1493 Richmond Rd.
(613) 829-2137
Bantelwood Town Centre
3777 Strandherd Rd.
(613) 823-6909
College Square
1379-A Woodroffe Ave.
(613) 225-6007
Carlingwood Shopping Centre
2121 Carling Ave.
(613) 798-1946
St Laurent Shopping Centre
1200 St Laurent Blvd.
(613) 746-8546
Rideau Centre
50 Rideau St.
(613) 232-4800
Place D'Orleans
110 Place D'Orleans Blvd.
(613) 590-2237
Billings Bridge Plaza
2265 Riverside Dr.
(613) 737-2071
Bayshore Shopping Centre
100 Bayshore Dr.
(613) 736-7665
690 Bank Street
(613) 216-5461

TAKE HI-SPEED INTERNET WITH YOU.

THE ROCKET™ MOBILE INTERNET STICK

\$0 STICK | **\$199**
with select 2-yr. data plans¹ | no term



BRING TO: Your Rogers Plus Store

GET A: **\$50 ROGERS PLUS GIFT CARD**

WHEN YOU: Activate any Rogers Wireless Device
(including The Rocket™ Mobile Internet Stick) on any new 2 or 3 year data term.

EXPIRY DATE:

2 8 0 2 2 0 1 0
D D M M Y Y Y Y

BONUS
\$50
GIFT CARD



012302001

¹Available with purchase of any Rogers Wireless device or Rocket™ Mobile Internet Stick on any new 2 or 3-yr data term plan. Offer ends February 28, 2010. Limit one \$50 Gift Card per person. Early cancellation fees apply. Gift Card redeemable for product purchases or purchase of new services (may not be applied toward bill payments) at any Rogers Plus location. Protect card like cash. Not redeemable, refundable or exchangeable for cash/credit and not replaceable if lost/stolen.

RATES AND OFFERS SUBJECT TO CHANGE WITHOUT NOTICE. SEE STAFF IN-STORE FOR FULL DETAILS. All prices exclusive of taxes. Offers cannot be combined with any other discounts. Early cancellation fees apply. 1 With new activation on any 2-yr term data plan having min. \$30 monthly service fee. TM Rogers, Rocket the Mobius Design and Rogers Plus are trademarks of or used under license from Rogers Communications Inc. or an affiliate. All other trademarks are the property of their respective owners. Google and the Google logo are trademarks of Google, Inc. © 2010 Rogers Plus